



MOVE WITH
CONFIDENCE



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When it comes to your fitness facility, you can be confident Vision has the knowledge and experience to deliver equipment that fits your space, your budget and the people you serve.



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IT ALL STARTS WITH A VISION

The Vision brand began as a division of Trek Bicycle Corporation in 1995, where we pioneered the development of high-quality, value-conscious exercise bikes. Today, as a part of Johnson Health Tech, one of the world's largest and fastest-growing fitness equipment manufacturers, we stay committed to reliability, innovation and value in everything we do.



OUR COMMITMENT

RELIABILITY

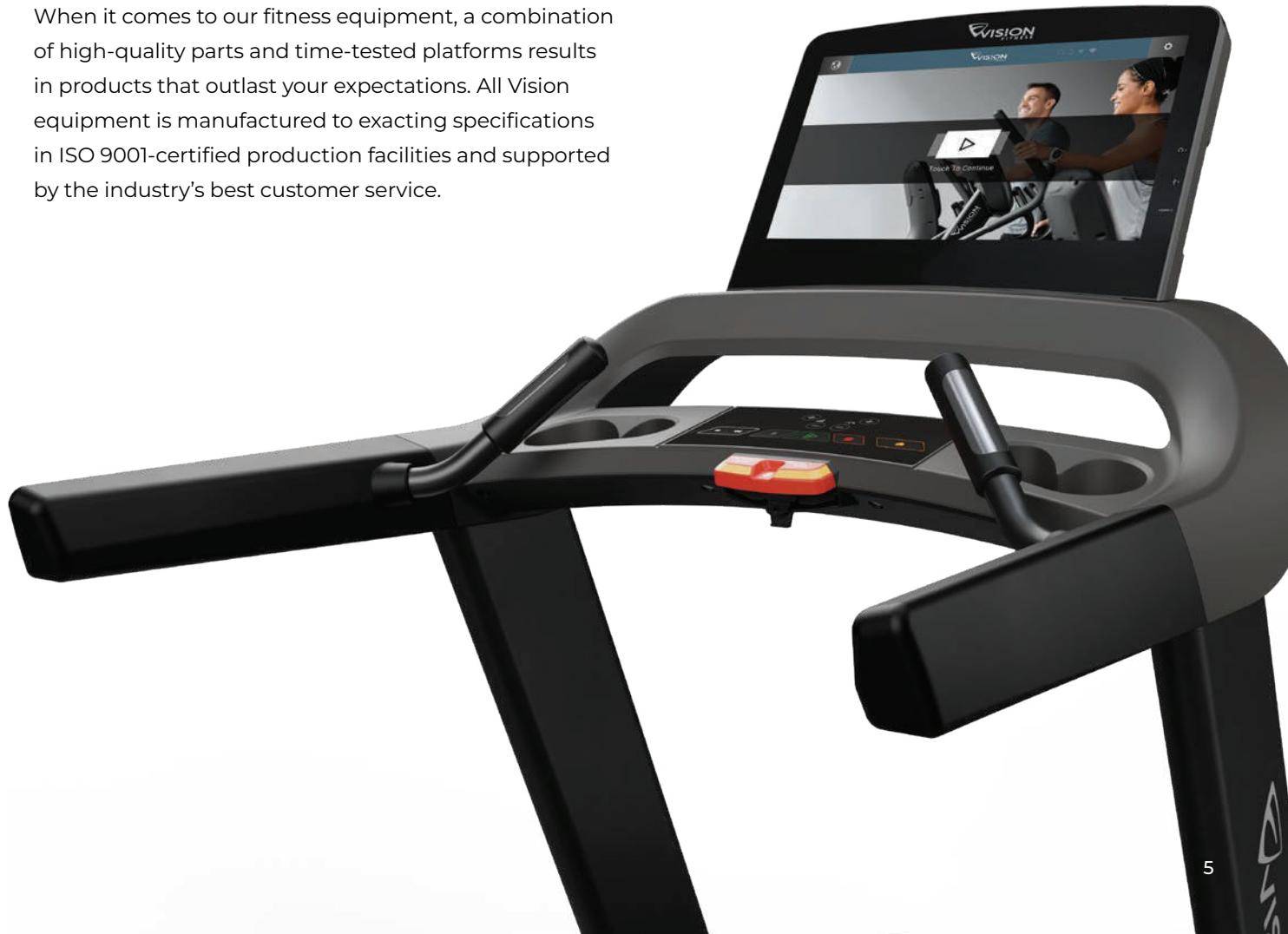
Vision fitness equipment is built to withstand the most demanding environments and the most extreme conditions to ensure that you receive years of hassle-free performance. For instance, each new treadmill is subjected to over 100,000 load-bearing steps to meet international quality standards and ensure excellent performance.

INNOVATION

Our research and development network consists of engineers, industrial designers, professional trainers and everyday exercise enthusiasts to ensure everything we make is uncomplicated, durable and modern. Some of our greatest innovations have come in simplifying the exercise experience, saving space and passing greater value on to all who choose Vision.

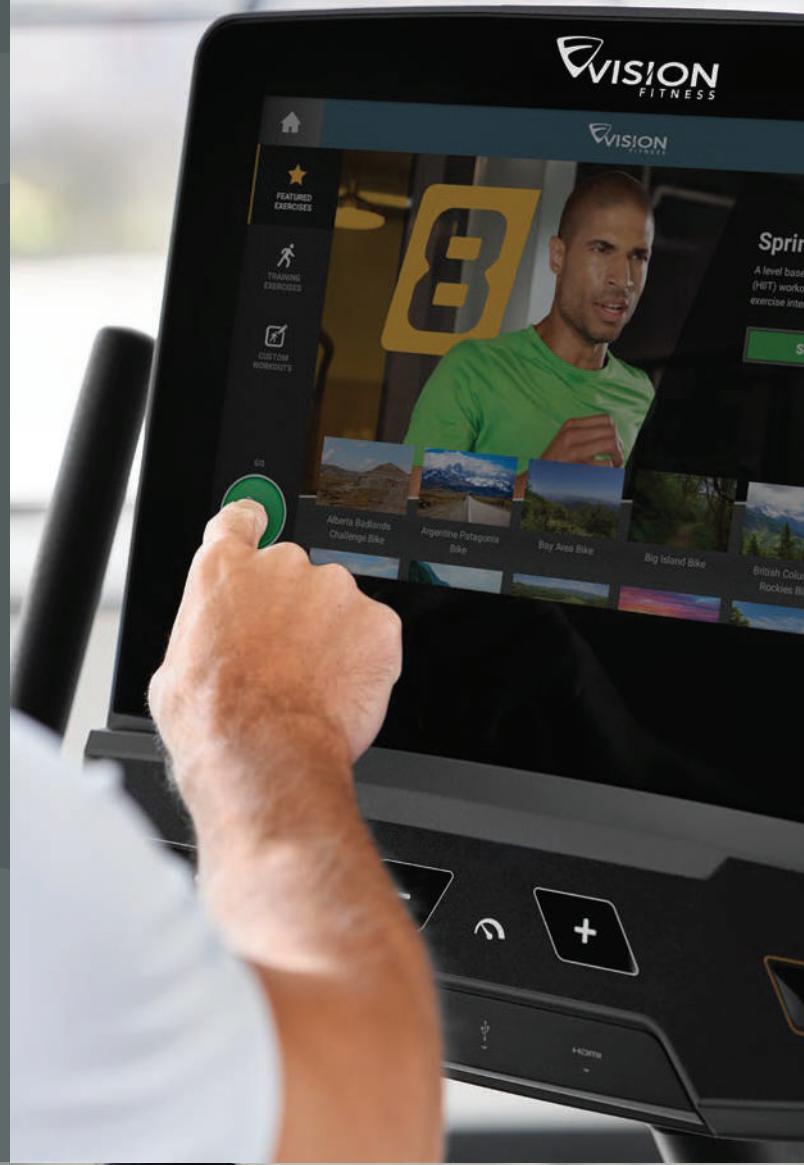
VALUE

When it comes to our fitness equipment, a combination of high-quality parts and time-tested platforms results in products that outlast your expectations. All Vision equipment is manufactured to exacting specifications in ISO 9001-certified production facilities and supported by the industry's best customer service.



FOR YOUR SPACE. FOR YOUR BUDGET. FOR YOUR PEOPLE.

No matter what shape your fitness facility takes, Vision understands your unique needs. We specialize in providing fitness solutions that maximize your space, amplify your return on investment and provide an attractive, intuitive exercise experience for your entire community.





HOSPITALITY

You want guests to be able to get their workout in while on the road, and we can help. Expect simplicity that lets anyone get started easily, durability that lasts and an attractively modern aesthetic.



MULTI-FAMILY HOUSING

With all you do to serve your community, you deserve a partner just as committed. Our lasting quality, accessible designs and modern aesthetic welcome residents every time they work out.



CORPORATE WELLNESS

Vision can elevate your wellness program with fitness equipment that's pleasing to the eye and easy to use. Best of all, you'll be using it for years thanks to the durability of our components.

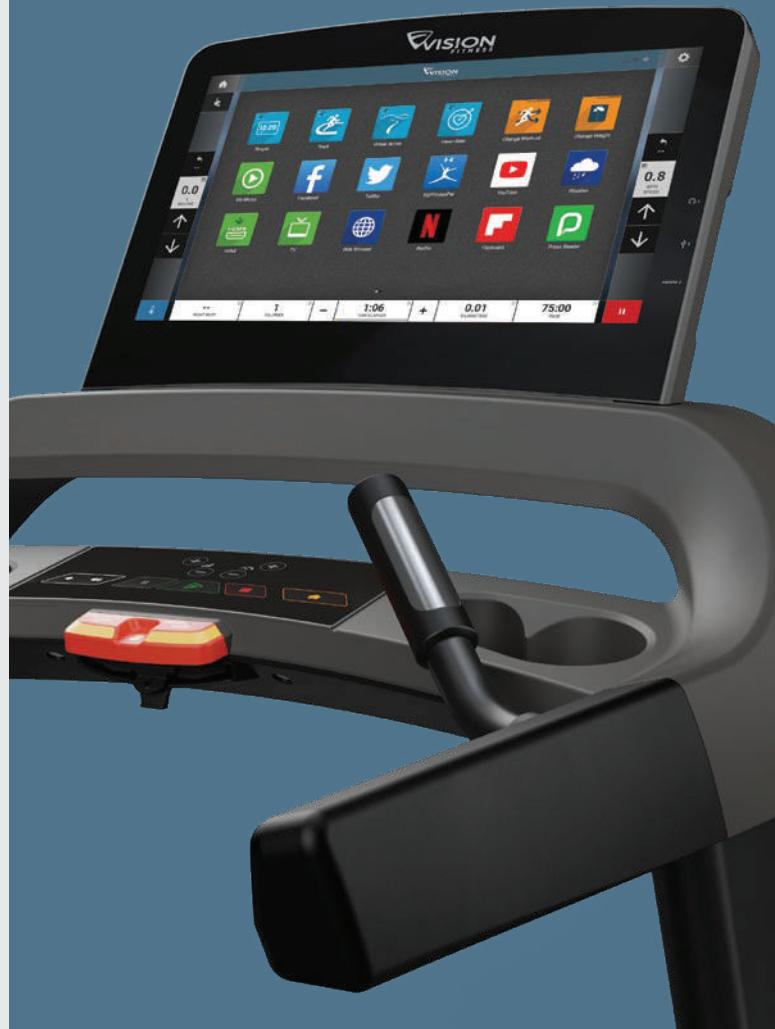


COMMERCIAL GYMS

When it comes to your fitness facility, you can be confident Vision has the knowledge and experience to deliver equipment that fits your space, your budget and the people you serve.

NOW THERE'S MORE TO SEE

You can make your fitness center a highlight of your offering with exercise that entertains. Our new Entertainment Series console will bring people in and keep them coming back with all of their favorite entertainment apps, plus exclusive HD destination footage, HIIT programs, advanced Bluetooth, optional live TV and more. Users can even mirror their own devices to stream whatever moves them.





POPULAR ENTERTAINMENT APPS

We've integrated the most popular streaming entertainment apps¹ in a familiar tablet-style interface, so it's easy for anyone to log in to their personal accounts² and enjoy their favorite music, movies, shows and books while their workout flies by.



SPRINT 8

An immersive version of our exclusive Sprint 8 program stimulates natural human growth hormone to burn more fat and build lean muscle in short 20-minute sprint intensity workouts that anyone can fit into their schedule.



VIRTUAL ACTIVE

Virtual Active programming transports exercise enthusiasts to exotic locales with forward-motion, high-definition footage that speeds up or slows down to match their pace and resistance or incline that varies to match the terrain. Includes virtual coaching and a variety of new locations.



OPTIONAL LIVE TV

Our optional TV tuner lets all the people you serve enjoy their favorite shows, sports and live news while they sweat. It's Pro:Idiom encrypted to protect content providers from piracy, and it's easy to add by simply removing two bolts from the quick-release service panel.



CONNECT & STREAM

A built-in HDMI³ port lets your people connect Android and iOS devices and mirror their own screen. That means they can bring along their favorite playlists, movies and shows, or even browse their favorite social media feeds while they work out.



ADVANCED BLUETOOTH

Advanced Bluetooth makes it easy for users to sync Bluetooth headphones and heart rate monitors, plus connect to favorite FTMS-compatible training apps like Kinomap, Zwift and more.

1. Apps vary by market and subject to change. 2. Subscriptions not included. 3. The term HDMI and the HDMI Logo are trademarks or registered trademarks of HDMI Licensing Administrator, Inc. HDMI cables, media player and devices not included.

Classic LED Consoles

If a simplified exercise experience is best for the people you serve, look for versions of our cardio equipment featuring our classic consoles. Intuitive navigation makes starting workouts easy, and a bright white LED display offers clear feedback to keep users on track for their goals. Now with Bluetooth connectivity users can pair a heart rate strap or connect to favorite FTMS-compatible training apps. Best of all, you'll still be getting the same great reliability, innovation and value when it comes to the frame of the cardio equipment.

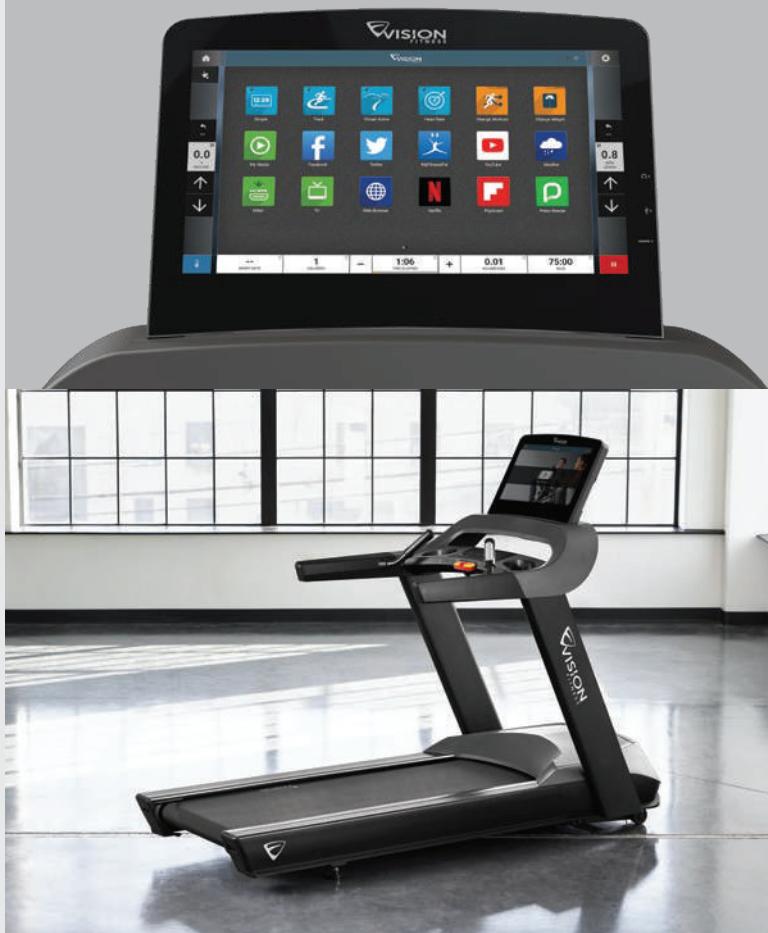


T600E TREADMILL

PERFORMANCE, DURABILITY & ENTERTAINMENT

The refined design of our T600E Treadmill combines performance and durability with advanced console technology for exercise that entertains. A powerful motor and an extra-large running surface accommodate hard workouts, and heavy-duty components stand up to hard use. The large touchscreen console elevates the experience with popular apps, exclusive workout programs and streaming entertainment.

- 152 x 55.4 cm / 60" x 22" surface lets runners sprint comfortably
- Contact grips and wireless receiver offer easy heart rate tracking
- Includes water bottle holders and reading rack
- A heavy-gauge welded steel frame provides stability





A BETTER DECK

Our fully pre-waxed, industrial-grade deck is cushioned for comfort and reversible to extend treadmill life.

DURABILITY OF DESIGN

A heavy-gauge welded steel frame provides excellent stability during hard runs and durability that withstands years of use.

POWERFUL, RELIABLE & RESPONSIVE

A powerful, reliable 4.2 hp AC drive system stays in rhythm with every step, even during the most intense runs.

T600 TREADMILL

Simplify the exercise experience for the people you serve with our T600 Treadmill. It includes the same frame as our Entertainment Series model with a bright white LED Console. The intuitive design of our LED Console makes starting workouts hassle-free, and clear feedback makes it easy for everyone to stay on track for their goals.

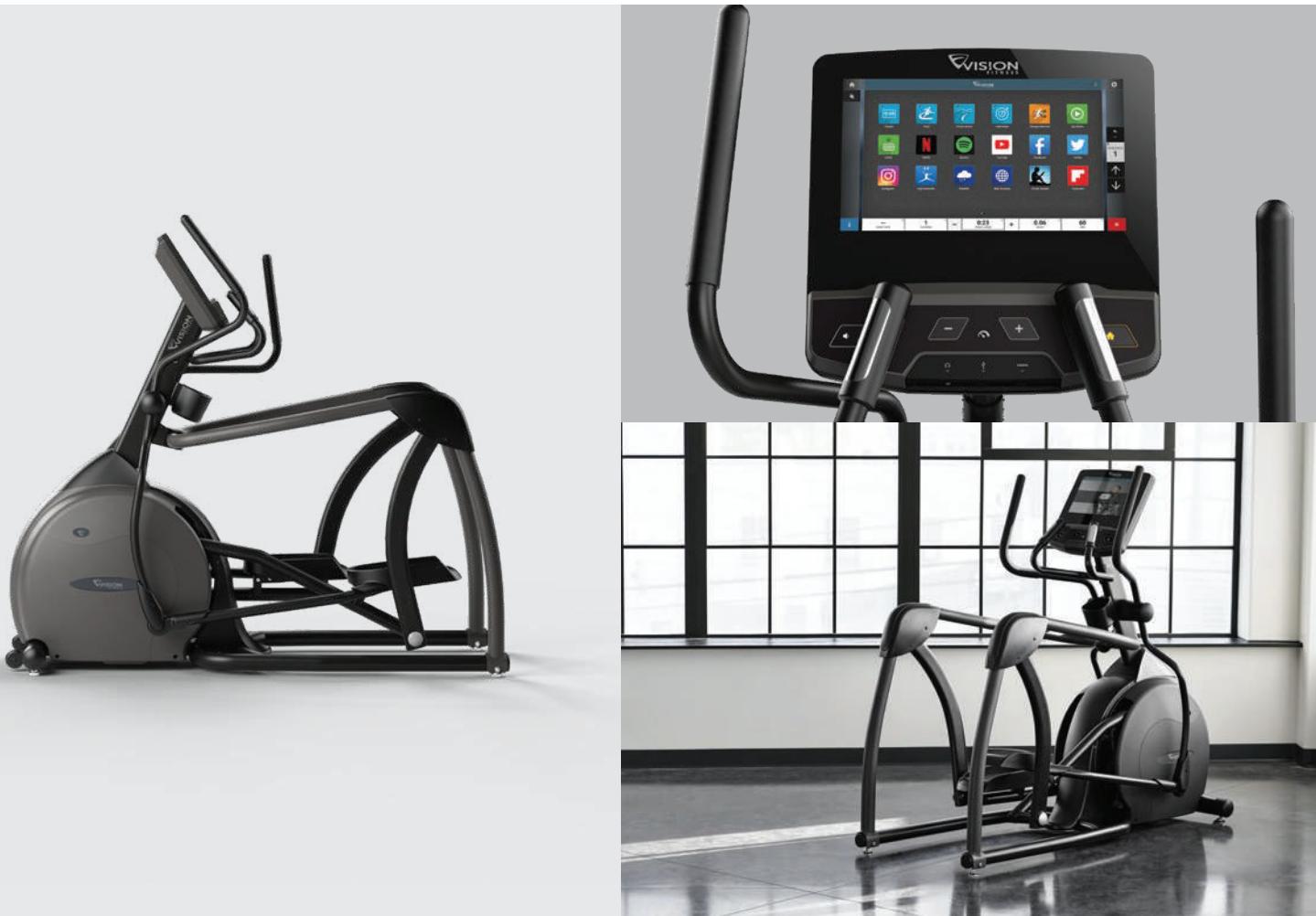


S600E **SUSPENSION ELLIPTICAL**

NATURAL MOVEMENT & ENTERTAINMENT

Our low-maintenance S600E Elliptical offers whisper-quiet, low-impact movement that engages the whole body, plus exercise that entertains. It features a smooth-moving suspension design, refined ergonomic details and an accessible frame that makes it easy for virtually anyone to start a comfortable workout. The large touchscreen console elevates the experience with popular apps, exclusive workout programs and streaming entertainment.

- Open design and low step-on height make it easy to get started
- Contact grips and wireless receiver offer easy heart rate tracking



SUSPENSION DESIGN

Suspension design provides a smooth, low-impact exercise experience while minimizing noise and maintenance.



DURABILITY OF DESIGN

A heavy-gauge welded steel frame provides excellent stability during intense workouts and durability that withstands years of use.

ERGONOMIC COMFORT

Large, cushioned pedals reduce stress on joints while narrow pedal spacing promotes good posture.

S60 SUSPENSION ELLIPTICAL

Simplify the exercise experience for the people you serve with our S60 Suspension Elliptical. It includes the same frame as our Entertainment Series model with a bright white LED Console. The intuitive design of our LED Console makes starting workouts hassle-free, and clear feedback makes it easy for everyone to stay on track for their goals.



U600E UPRIGHT BIKE

CLASSIC DESIGN & ENTERTAINMENT

Our U600E Upright Bike features the classic design cycling enthusiasts need for a pulse-pounding ride, plus extensive entertainment options. Multi-position handlebars make it easy to shift riding positions, and the comfortably contoured seat easily adjusts to give users of all sizes an ideal fit. The large touchscreen console elevates the experience with popular apps, exclusive workout programs and streaming entertainment.

- Contact grips and wireless receiver offer easy heart rate tracking
- Includes water bottle holder
- A heavy-gauge welded steel frame provides stability





BETTER PEDALS

Self-balancing pedals with adjustable straps make it easy for anyone to strap in and go.

MULTIPLE GRIP POSITIONS

The unique design of the handlebars provides multiple comfortable grips as riders move through different phases of their workout.

COMFORTABLE & ADJUSTABLE

An adjustable, ergonomically contoured seat makes even long, intense workouts comfortable for rides of all sizes.

U60 UPRIGHT BIKE

Simplify the exercise experience for the people you serve with our U60 Upright Bike. It includes the same frame as our Entertainment Series model with a bright white LED Console. The intuitive design of our LED Console makes starting workouts hassle-free, and clear feedback makes it easy for everyone to stay on track for their goals.

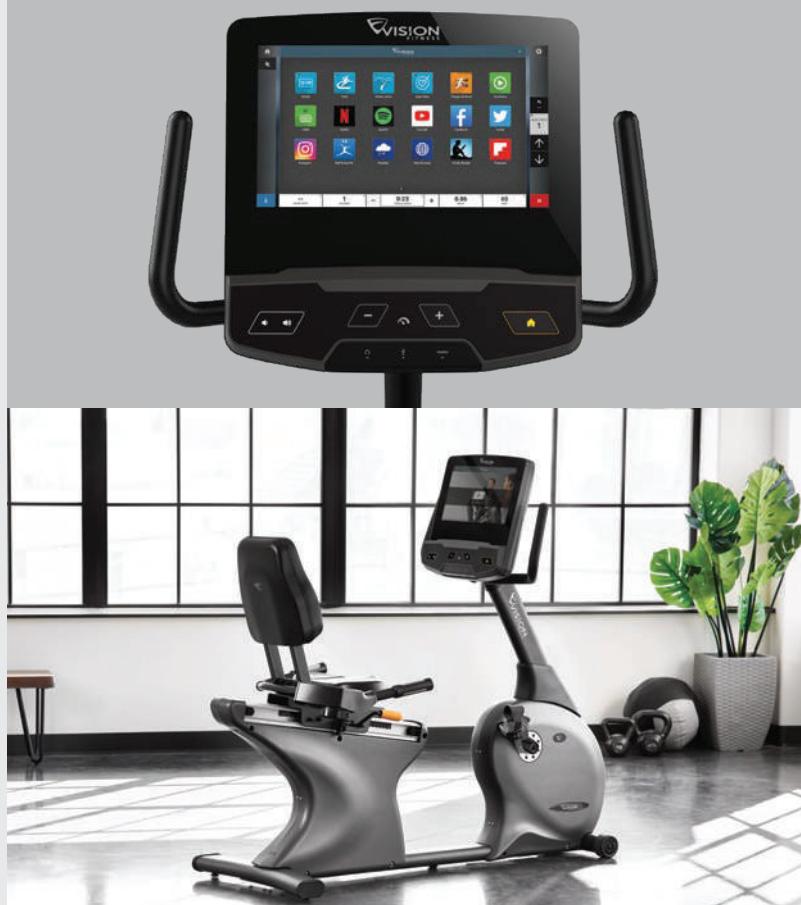


R600E RECUMBENT BIKE

COMFORT, CONVENIENCE & ENTERTAINMENT

Our R600E Recumbent Bike combines comfort and convenience with exercise that entertains. A recumbent design with a step-through frame makes low-impact workouts accessible to everyone, and a contoured seat and back pad provide excellent lumbar support and stability. The large touchscreen console elevates the experience with popular apps, exclusive workout programs and streaming entertainment.

- Contact grips and wireless receiver offer easy heart rate tracking
- A heavy-gauge welded steel frame provides stability





EASY ACCESS

A step-through frame makes it easy for anyone from fitness enthusiasts to older and deconditioned users to step up to a low-impact cardio workout.

BETTER PEDALS

Self-balancing pedals with adjustable straps make it easy for anyone to strap in and go.

ACCESSORY TRAY

A convenient accessory tray keeps water or smartphones close at hand.

R60 RECUMBENT BIKE

Simplify the exercise experience for the people you serve with our R60 Recumbent Bike. It includes the same frame as our Entertainment Series model with a bright white LED Console. The intuitive design of our LED Console makes starting workouts hassle-free, and clear feedback makes it easy for everyone to stay on track for their goals.



INVEST IN LASTING STRENGTH

Complete your fitness offering by adding essential strength training equipment. Our uncomplicated designs are easy for anyone to use, while our streamlined aesthetic brings a touch of modern style to your facility. And of course, like everything from Vision, our strength training equipment is designed to stand up to the tough workouts and the busy facilities, so your people can continue to strengthen their bodies for years to come.





SELECTORIZED STRENGTH

MAKE A STRONG SELECTION

Our Vision selectorized strength equipment is tougher than you can imagine and more comfortable than you'd expect. Every unit has been tested to withstand over a million reps, more than four times the industry standard. Intuitive adjustments and ergonomic designs make it easy for virtually anyone to sit down and take on strength training exercises.

FUNCTIONAL TRAINER

EXTREME DURABILITY. REMARKABLE VERSATILITY

Our Functional Trainer will help your people strengthen their whole body while standing up to tough environments. Intuitive design makes it easy to start training, and heavy-duty construction means it will be there when users come back for more.



VST600-S13

CHEST PRESS

Help your people tone and build major upper-body muscle groups with a selectorized chest press station that's tougher than you can imagine and more comfortable than you'd expect.

Overall dimensions 115.4 x 142.5 x 196 cm / 45.4 x 56.1 x 77.2"

Product weight 224 Kg / 493 lbs.

Total stack weight 100 kg / 220 lbs.

VST600-S23

SHOULDER PRESS

When it comes to toning and building deltoids in your fitness center, our selectorized shoulder press station is tougher than you can imagine and more comfortable than you'd expect.

Independent converging motions encourage a natural path of movement for ultra-smooth performance.

Overall dimensions 150.9 x 142 x 170.5 cm / 59.4 x 55.9 x 67.1"
Product weight 194.2 kg / 427 lbs
Total stack weight 68.2 kg / 150 lbs





VST600-S22

PEC FLY / REAR DELT

Designed to focus on major upper-body muscles, our space-efficient, selectorized pec fly / rear delt dual station is tougher than you can imagine and more comfortable than you'd expect. Independent rotary arm motions encourage a natural path of movement for ultra-smooth performance.

Overall dimensions 80.0 x 134.0 x 211.8 cm / 31.5" x 52.8" x 83.4"

Product weight 263.3 kg / 580 lbs.

Total stack weight 131.8 kg / 290 lbs.

VST600-S21

LATERAL RAISE

Help the people you serve tone and build their mid shoulder muscles with a selectorized lateral raise station that's tougher than you can imagine and more comfortable than you'd expect.

Overall dimensions 106 x 124.5 x 170.5 cm / 41.7 x 49 x 67.1"

Product weight 173.3 kg / 382 lbs

Total stack weight 68.2 kg / 150 lbs





VST600-S331

LAT PULLDOWN / SEATED ROW

Help your people focus on their lats and major back muscles with a space-efficient, selectorized lat pulldown / seated row dual station that's tougher than you can imagine and more comfortable than you'd expect.

Overall dimensions 120.5 x 201 x 215 cm / 47.4 x 79.1 x 84.6"

Product weight 219 kg / 482 lbs

Total stack weight 100 kg / 220 lbs

VST600-S401

BICEPS / TRICEPS

Help your people tone and build the muscles of their arms with a space-efficient, selectorized biceps / triceps dual station that's tougher than you can imagine and more comfortable than you'd expect.

Overall dimensions 84 x 159 x 215 cm / 33.1 x 62.6 x 84.6"

Product weight 214 kg / 472 lbs

Total stack weight 68.2 kg / 150 lbs





VST600-S531

AB / LOW BACK

Give the people you serve a chance to get a great core workout with a space-efficient, selectorized ab / back dual station that's tougher than you can imagine and more comfortable than you'd expect.

Overall dimensions 126.5 x 113 x 170.5 cm / 49.8 x 44.5 x 67.1"

Product weight 223 kg / 491 lbs

Total stack weight 100 kg / 220 lbs





VST600-S70

LEG PRESS

To help your people strengthen their hip joints and the surrounding muscles, choose a selectorized rotary hip station that's tougher than you can imagine and more comfortable than you'd expect.

Overall dimensions 207 x 96.5 x 170.5 cm / 81.5 x 38 x 67.1"

Product weight 311.8 kg / 686 lbs.

Total stack weight 177.3 kg / 390 lbs.

VST600-S711

LEG EXTENSION / LEG CURL

Designed specifically for toning and building major leg muscles, our space-efficient, selectorized leg extension / leg curl dual station is tougher than you can imagine and more comfortable than you'd expect.

Overall dimensions 150 x 118 x 170.5 cm / 59.1 x 46.5 x 67.1"

Product weight 246 kg / 542 lbs

Total stack weight 100 kg / 220 lbs





VST600-S73

PRONE LEG CURL

Ideal for strengthening calf and hamstring muscles, our selectorized prone leg curl station is tougher than you can imagine and more comfortable than you'd expect.

Overall dimensions	149.5 × 96.5 × 170.5 cm / 58.9 × 38 × 67.1"
Product weight	197.5 kg / 435 lbs
Total stack weight	100 kg / 220 lbs

VST600-S74

HIP ABDUCTOR / ADDUCTOR

If your people are striving to strengthen their hips, glutes and knees, our space-efficient, selectorized hip abductor / adductor dual station is tougher than you can imagine and more comfortable than you'd expect.



Overall dimensions	80 × 177.5 × 170.5 cm / 31.5 × 69.9 × 67.1"
Product weight	233.5 kg / 514 lbs
Total stack weight	100 kg / 220 lbs



VST600-S55

ROTARY TORSO

If the people at your fitness center want to strengthen their core and back muscles, our selectorized rotary torso station is tougher than you can imagine and more comfortable than you'd expect.

Overall dimensions 150.9 x 142 x 170.5 cm / 59.4 x 55.9 x 67.1"

Product weight 194.2 kg / 427 lbs

Total stack weight 68.2 kg / 150 lbs

VST600-S76

ROTARY HIP

To help your people strengthen their hip joints and the surrounding muscles, choose a selectorized rotary hip station that's tougher than you can imagine and more comfortable than you'd expect.

Overall dimensions 116.5 x 135.5 x 172.5 cm / 45.9 x 53.3 x 67.9"

Product weight 226 kg / 498 lbs.

Total stack weight 100 kg / 220 lbs.



VST600-S601 CHIN / DIP ASSIST

Help your people serve can strengthen their triceps, shoulders and pecs with a space-efficient, selectorized chin / dip assist dual station that's tougher than you can imagine and more comfortable than you'd expect.

Overall dimensions 128 x 143.5 x 239.6 cm / 50.4 x 56.5 x 94.3"

Product weight 222 kg / 489 lbs.

Total stack weight 100 kg / 220 lbs



VST600-FT FUNCTIONAL TRAINER

EXTREME DURABILITY. REMARKABLE VERSATILITY.

Our Functional Trainer will help your people strengthen their whole body while standing up to tough environments. Intuitive design makes it easy to start training, and heavy-duty construction means it will be there when users come back for more. Make a strong choice — invest in versatile functional fitness that lasts.

- 1:2 pulley ratio offers smooth operation when performing explosive exercises
- Enhanced placards highlight targeted muscle groups and proper user positioning for a wide range of exercises
- Oversized frame tubes provide excellent stability
- Six storage pegs offer easy access to training handles and accessories
- Includes two D-handles





DESIGNED FOR SUPERIOR VERSATILITY

Multi-position pull-up handles provide greater exercise variety, and low starting weight makes it easy for anyone to get started and build progressions.

REFINED FOR EASY USE

Clearly indicated adjustment points make use intuitive, and one-handed pulley adjustment offers easy operation.

BUILT FOR THE TOUGHEST ENVIRONMENTS

Laser-cut, robotic-welded design with heavy-duty components and two-layer powder-coat finish provides lasting durability in busy fitness facilities.

OPTIONAL HANDLE PACKAGE

Our optional VST600-FTHP handle package includes a V-bar, triceps rope and curl bar for training variety.





(VST600-S711) DUMBBELL RACK

Make sure your dumbbells are out of the way and easy to access with our stable, ultra-durable Dumbbell Rack. It stores up to 10 pairs of dumbbells in secure cradles that are angled to make picking up and putting back weights easy and comfortable. It also features the kind of heavy-duty construction and design details that will keep it looking like new for years, even in busy fitness facilities.

- Holds 10 pairs of pro-style dumbbells (not included)
- 15-degree angle minimizes wrist strain when removing and replacing dumbbells
- Cradles hold dumbbells securely to prevent rolling
- Heavy-duty construction and two-layer powder-coat finish provide lasting durability



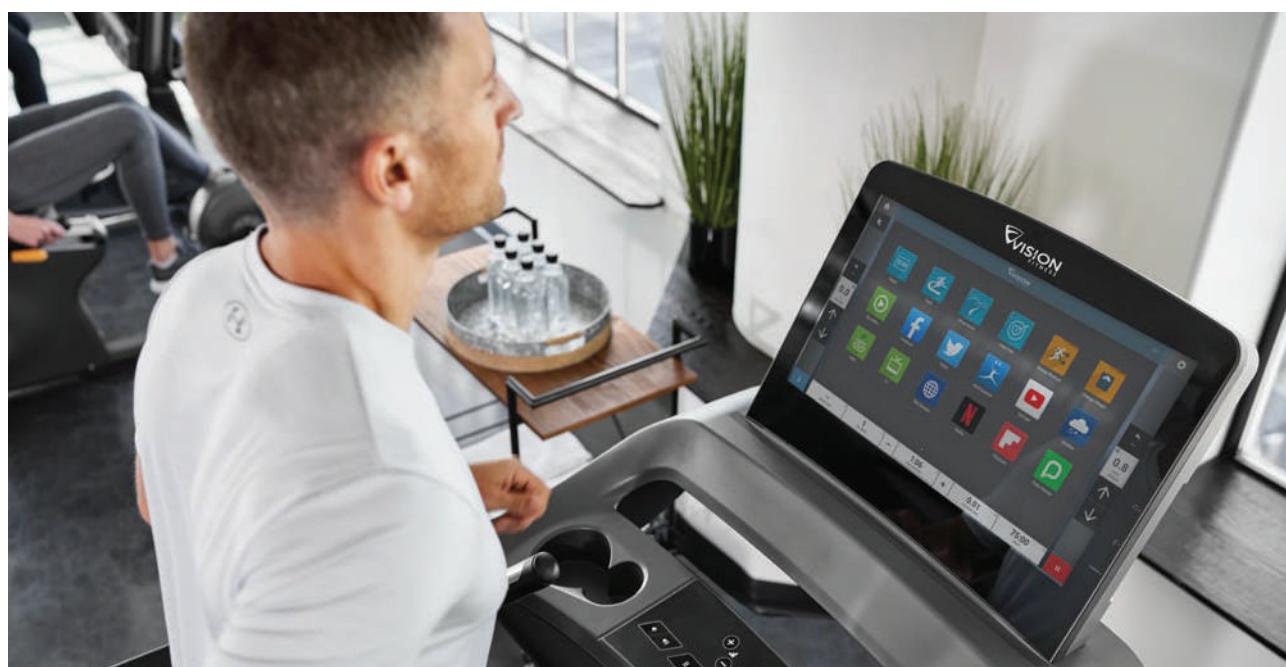
(VST600-FW82) ADJUSTABLE BENCH

Serve a wide range of strength training needs focused on major upper-body muscle groups with our ultra-durable, six-position Adjustable Bench. It's easy to adjust, easy to transport and provides excellent stability for beginners and seasoned lifters alike. It's also built for tough environments, so you can be sure that it will look good and stay in use for years to come.

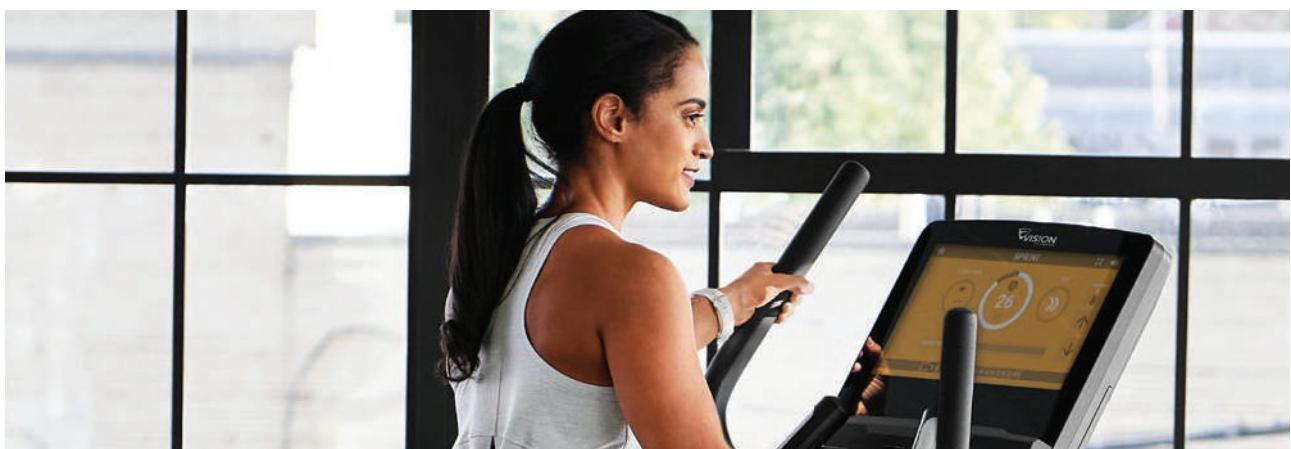
- Backrest easily adjusts to six secure positions for a range of exercises
- Wide back pad provides excellent stability during heavy lifts
- Heavy-duty construction and two-layer powder-coat finish provide lasting durability
- Molded guards protect against wear and scratches in busy environments
- Integrated wheels offer easy transport and storage

SPECIFICATIONS

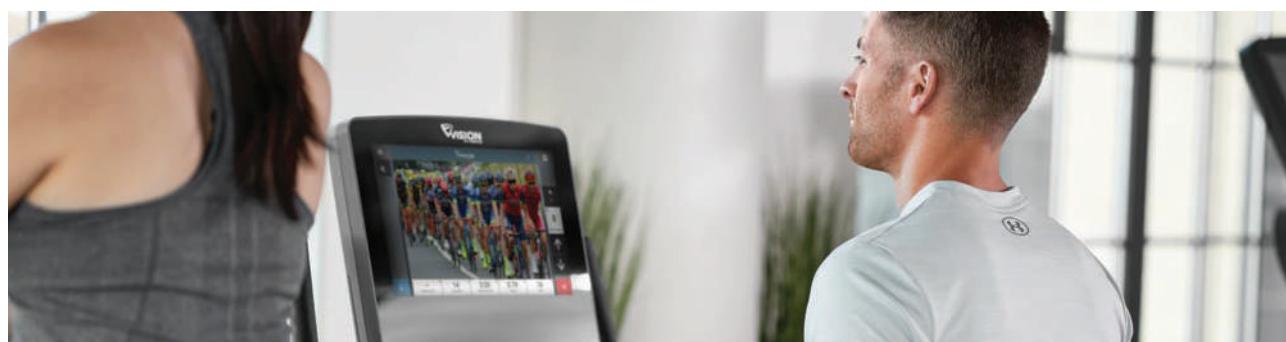
FEATURE	T600E TREADMILL	T600 TREADMILL
FRAME		
Model Number	T600E-02	T600-03
Frame Type	Heavy gauge welded steel	Heavy gauge welded steel
Running Area	152 x 55.4 cm / 60" x 22"	152 x 55.4 cm / 60" x 22"
Cushioning System	UltraZone cushioning system	UltraZone cushioning system
Deck Thickness	25.4 mm / 1" reversible	25.4 mm / 1" reversible
Drive System	4.2 hp AC dynamic response drive system	4.2 hp AC dynamic response drive system
Speed Range	0.8–22 km/h / 0.5–13.8 mph (220 V) or 0.8–19.3 km/h / 0.5–12 mph (100–120 V)	0.8–22 km/h / 0.5–13.8 mph (220 V) or 0.8–19.3 km/h / 0.5–12 mph (100–120 V)
Incline Range	0–15%	0–15%
Extras	Water bottle holder, reading rack	Water bottle holder, reading rack
TECH SPECS		
Assembled Dimensions	215 x 91 x 165 cm / 85" x 36" x 65"	215 x 91 x 154 cm / 85" x 36" x 61"
Assembled Weight	185 kg / 408 lbs.	178 kg / 392 lbs.
Max User Weight	182 kg / 400 lbs.	182 kg / 400 lbs.
Power Requirements	220 V / 50–60 Hz or 100–120 V	220 V / 50–60 Hz or 100–120 V
Power Supply	NEMA 6–20 (220 V) or NEMA 5–15 (100–120 V) (requirement may vary outside the USA)	NEMA 6–20 (220 V) or NEMA 5–15 (100–120 V) (requirement may vary outside the USA)
CONSOLE		
Model Number	N/A	N/A
Display	22" class capacitive touchscreen LCD	10 x 14 white dot-matrix LED profile display, alphanumeric LEDs, HR zone display
Programs	Go, manual, Sprint 8, Virtual Active, target heart rate, fat burn, rolling hills, time goal, distance goal, calorie goal, 6 fitness tests, custom, HIIT mode	Manual, Interval, Time Goal, Distance Goal, Calories Goal, Random, Target HR, Weight Loss, Fitness Test
Workout Feedback	Time, Pace, Incline, Distance, Speed, Level, Calories, METs, Target HR, Actual HR, Profile	Time, Pace, Incline, Distance, Speed, Level, Calories, METs, Target HR, Actual HR, Profile
Heart Rate	Contact, telemetric, Bluetooth	Contact, telemetric, Bluetooth
Languages	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan	English, German, French, Italian, Spanish, Dutch, Portuguese, Russian, Polish
HDMI IN Port	Yes; screen cast of smart devices which support HDMI out to console	No
CSAFE	Yes	No
Analog TV	Optional; NTSC, PAL, SECAM	No
Digital TV	Optional; ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2	No
Pro:idiom Compatibility	Optional; via coax	No
WiFi	Yes	No
Bluetooth	Yes; Heart rate, headphones, FTMS transmits speed and other data to training apps	Yes; Heart rate, FTMS transmits speed and other data to training apps
USB Port	Yes; device charging, device media, software updates	No



FEATURE	S600E ELLIPTICAL	S60 ELLIPTICAL
FRAME		
Model Number	S-600E-F	S60-05
Frame Type	Suspension Elliptical Trainer	Suspension Elliptical Trainer
Stride Length	53.3 cm / 21"	53.3 cm / 21"
Step-on Height	23 cm / 9"	23 cm / 9"
Power Incline	No	No
Resistance System	2-stage generator	2-stage generator
Resistance Range	1-25	1-25
Pedal Type	Oversized with rubber inserts	Oversized with rubber inserts
Pedal Spacing	5.1 cm / 2"	5.1 cm / 2"
Handlebar Design	Dual action and stationary with contact heart rate grips	Dual action and stationary with contact heart rate grips
Extras	Water bottle holder, reading rack	Water bottle holder, reading rack
TECH SPECS		
Assembled Dimensions	186 x 75 x 164 cm / 74" x 29.5" x 64.5"	186 x 75 x 164 cm / 74" x 29.5" x 64.5"
Assembled Weight	146.5 kg / 323 lbs	140 kg / 308 lbs.
Max User Weight	182 kg / 400 lbs.	182 kg / 400 lbs.
Power Requirements	By power adapter; output: 12 V DC, 5 A	Self-powered
CONSOLE		
Model Number	SUR-600E-C	N/A
Display	16" class capacitive touchscreen LCD	10 x 14 white dot-matrix LED profile display, alphanumeric LEDs, dedicated HR zone display
Programs	Go, manual, Sprint 8, Virtual Active, target heart rate, interval training, fat burn, rolling hills, constant watts, time goal, distance goal, calorie goal, fitness tests, custom	Manual, Interval, Fat Burn, Random, HR Weight Loss, HR Interval, Constant Watts, Interval Watts, Hill Watts, Time Goal, Distance Goal, Calories Goal
Workout Feedback	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile
Heart Rate	Contact, telemetric, Bluetooth	Contact, telemetric, Bluetooth
Languages	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan	English, German, French, Italian, Spanish, Dutch, Portuguese
HDMI IN Port	Yes; screen cast of smart devices that support HDMI out to console	No
CSAFE	Yes	No
Analog TV	Optional; NTSC, PAL, SECAM	No
Digital TV	Optional; ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2	No
Pro:idiom Compatibility	Optional; via Coax	No
WiFi	Yes	No
Bluetooth	Yes; Heart rate, headphones, FTMS transmits speed and other data to training apps	Yes; Heart rate, FTMS transmits speed and other data to training apps
USB Port	Yes; device charging, device media, software updates	No



FEATURE	U600E UPRIGHT BIKE	U60 UPRIGHT BIKE	R600E RECUMBENT BIKE	R60 RECUMBENT BIKE
FRAME				
Model Number	U-600E-F	U60-04	R-600E-F	R60-04
Q-Factor	198mm / 7.8"	198mm / 7.8"	200mm / 7.9"	200mm / 7.9"
Frame Type	Heavy-gauge welded steel, upright	Heavy-gauge welded steel, upright	Heavy-gauge welded steel, recumbent	Heavy-gauge welded steel, recumbent
Pedal Type	Self-balancing with adjustable straps			
Seat Type	Pure Comfort seat	Pure Comfort seat	Pure Comfort seat	Pure Comfort seat
Seat Adjustment	15 positions, up / down	15 positions, up / down	28 positions	28 positions
Resistance System	2-stage generator	2-stage generator	2-stage generator	2-stage generator
Resistance Range	1-25	1-25	1-25	1-25
Handlebar Design	Multi-position handlebars with armrests and contact heart rate grips	Multi-position handlebars with armrests and contact heart rate grips	Console and seat-mounted with contact heart rate grips	Console and seat-mounted with contact heart rate grips
Extras	Water bottle holder, reading rack			
TECH SPECS				
Assembled Dimensions	104 x 65 x 144 cm / 41" x 25.6" x 56.7"	104 x 65 x 138.3 cm / 41" x 25.6" x 54.4"	161.9 x 72.5 x 138.3 cm / 63.7" x 28.5" x 54.4"	161.9 x 72.5 x 138.3 cm / 63.7" x 28.5" x 54.4"
Assembled Weight	57 kg / 125 lbs.	52 kg / 115 lbs.	74.5 kg / 164 lbs.	70 kg / 154 lbs.
Max User Weight	182 kg / 400 lbs.			
Power Requirements	By power adapter, output: 12 V DC, 5 A	Self-powered	By power adapter, output: 12 V DC, 5 A	Self-powered
CONSOLE				
Model Number	SUR-600E-C	N/A	SUR-600E-C	N/A
Display	16" class capacitive touchscreen LCD	10 x 14 white dot-matrix LED profile display, alphanumeric LEDs, dedicated HR zone display	16" class capacitive touchscreen LCD	10 x 14 white dot-matrix LED profile display, alphanumeric LEDs, dedicated HR zone display
Programs	Go, manual, Sprint 8, Virtual Active, target heart rate, interval training, fat burn, rolling hills, constant watts, time goal, distance goal, calorie goal, fitness tests, custom	Manual, Interval, Fat Burn, Random, Constant Watts, Interval Watts, Hill Watts, Time Goal, Distance Goal, Calories Goal, HR Weight Loss, HR Interval	Go, manual, Sprint 8, Virtual Active, target heart rate, interval training, fat burn, rolling hills, constant watts, time goal, distance goal, calorie goal, fitness tests, custom	Manual, Interval, Fat Burn, Random, Constant Watts, Interval Watts, Hill Watts, Time Goal, Distance Goal, Calories Goal, HR Weight Loss, HR Interval
Workout Feedback	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile
Heart Rate	Contact, telemetric, Bluetooth	Contact, telemetric, Bluetooth	Contact, telemetric, Bluetooth	Contact, telemetric, Bluetooth
Languages	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan
HDMI IN Port	Yes; screen cast of smart devices which support HDMI out to console	No	Yes; screen cast of smart devices which support HDMI out to console	No
CSAFE	Yes	No	Yes	No
Analog TV	Optional; NTSC, PAL, SECAM	No	Optional; NTSC, PAL, SECAM	No
Digital TV	Optional; ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2	No	Optional; ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2	No
Pro:Idiom Compatibility	Optional; via coax	No	Optional; via coax	No
WiFi	Yes	No	Yes	No
Bluetooth	Yes; Heart rate, headphones, FTMS transmits speed and other data to training apps	Yes; Heart rate, FTMS transmits speed and other data to training apps	Yes; Heart rate, headphones, FTMS transmits speed and other data to training apps	Yes; Heart rate, FTMS transmits speed and other data to training apps
USB Port	Yes; device charging, device media, software updates	No	Yes; device charging, device media, software updates	No



FEATURE	(VST600-S13) CHEST PRESS	(VST600-S76) ROTARY HIP
TECH SPECS		
Overall dimensions	115.4 x 142.5 x 196 cm / 45.4 x 56.1 x 77.2"	116.5 x 135.5 x 172.5 cm / 45.9 x 53.3 x 67.9"
Product weight	224 Kg / 493 lbs.	226 kg / 498 lbs.
WEIGHT STACK		
Total stack weight	100 kg / 220 lbs.	100 kg / 220 lbs.
Weight plate increments	6.8 kg / 15 lbs.	6.8 kg / 15 lbs.
Consistent stack height	Yes	Yes
Weight stack guarding	Full front and rear shields	Full front and rear shields
FRAME & CABLES		
Frame color	Matte Black	Matte Black
Frame finish	Proprietary two-coat powder process	Proprietary two-coat powder process
Machine anchoring	4 machine anchoring locations	4 machine anchoring locations
Cable transmission	Internally lubricated cables & fittings	Internally lubricated cables & fittings
USER AMENITIES		
Instructional placard	Muscle call outs, start & finish exercise illustrations	Muscle call outs, start & finish exercise illustrations
Placard color coding	Yellow (upper body)	Green (upper body)
Contoured seat	Yes	N/A
ADJUSTMENTS		
User adjustment range	5 user height positions	5 user height positions
Color coded pivots & points of adjustment	Yes	Yes

FEATURE	(VST600-S23) SHOULDER PRESS	(VST600-S70) LEG PRESS
TECH SPECS		
Overall dimensions	150.9 x 142 x 170.5 cm / 59.4 x 55.9 x 67.1"	207 x 96.5 x 170.5 cm / 81.5 x 38 x 67.1"
Product weight	194.2 kg / 427 lbs	311.8 kg / 686 lbs
WEIGHT STACK		
Total stack weight	68.2 kg / 150 lbs.	177.3 kg / 390 lbs
Weight plate increments	4.5 kg / 10 lbs	9.1 kg / 20 lbs.
Consistent stack height	Yes	Yes
Weight stack guarding	Full front and rear shields	Full front and rear shields
FRAME & CABLES		
Frame color	Matte Black	Matte Black
Frame finish	Proprietary two-coat powder process	Proprietary two-coat powder process
Machine anchoring	4 machine anchoring locations	4 machine anchoring locations
Cable transmission	Internally lubricated cables & fittings	Internally lubricated cables & fittings
USER AMENITIES		
Instructional placard	Muscle call outs, start & finish exercise illustrations	Muscle call outs, start & finish exercise illustrations
Placard color coding	Yellow (upper body)	Green (lower body)
Contoured seat	Yes	Yes
ADJUSTMENTS		
User adjustment range	5 user height positions	10 positions to fit a wide range of users height
Color coded pivots & points of adjustment	Yes	Yes

FEATURE	(VST600-S73) PRONE LEG CURL	(VST600-S21) LATERAL RAISE
TECH SPECS		
Overall dimensions	149.5 x 96.5 x 170.5 cm / 58.9 x 38 x 67.1"	106 x 124.5 x 170.5 cm / 41.7 x 49 x 67.1"
Product weight	197.5 kg / 435 lbs.	173.3 kg / 382 lbs
WEIGHT STACK		
Total stack weight	100 kg / 220 lbs	68.2 kg / 150 lbs.
Weight plate increments	6.8 kg / 15 lbs.	4.5 kg / 10 lbs
Consistent stack height	Yes	Yes
Weight stack guarding	Full front and rear shields	Full front and rear shields
FRAME & CABLES		
Frame color	Matte Black	Matte Black
Frame finish	Proprietary two-coat powder process	Proprietary two-coat powder process
Machine anchoring	4 machine anchoring locations	4 machine anchoring locations
Cable transmission	Internally lubricated cables & fittings	Internally lubricated cables & fittings
USER AMENITIES		
Instructional placard	Muscle call outs, start & finish exercise illustrations	Muscle call outs, start & finish exercise illustrations
Placard color coding	Green (lower body)	Yellow (upper body)
Contoured seat	Yes	Yes
ADJUSTMENTS		
User adjustment range	6 positions adjustment	5 user height positions
Color coded pivots & points of adjustment	Yes	Yes

FEATURE	(VST600-S55) ROTARY TORSO
TECH SPECS	
Overall dimensions	133 x 130 x 170.5 cm / 52.4 x 51.2 x 67.1"
Product weight	197.3 kg / 435 lbs
WEIGHT STACK	
Total stack weight	68.2 kg / 150 lbs.
Weight plate increments	4.5 kg / 10 lbs
Consistent stack height	Yes
Weight stack guarding	Full front and rear shields
FRAME & CABLES	
Frame color	Matte Black
Frame finish	Proprietary two-coat powder process
Machine anchoring	4 machine anchoring locations
Cable transmission	Internally lubricated cables & fittings
USER AMENITIES	
Instructional placard	Muscle call outs, start & finish exercise illustrations
Placard color coding	Red (core)
Contoured seat	Yes
ADJUSTMENTS	
User adjustment range	8 user start options (4 per direction)
Color coded pivots & points of adjustment	Yes

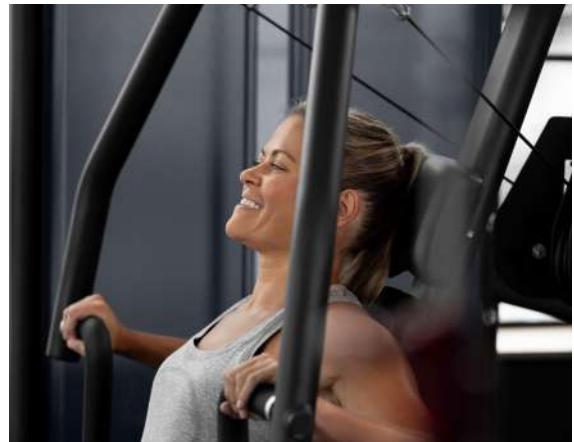
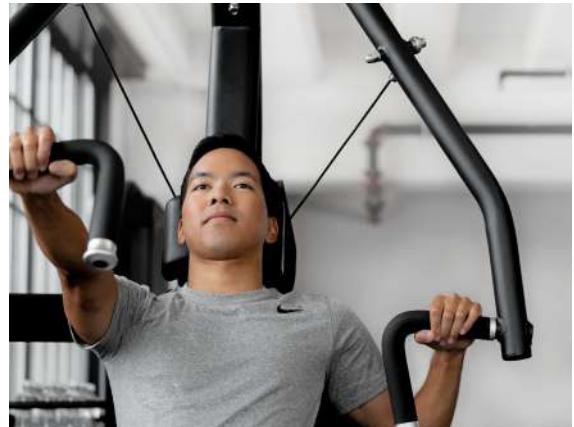


FEATURE	(VST600-S601) CHIN DIP ASSIST	(VST600-S22) PEC FLY / REAR DULT
TECH SPECS		
Overall dimensions	128 x 143.5 x 239.6 cm / 50.4 x 56.5 x 94.3"	80.0 x 134.0 x 211.8 cm / 31.5" x 52.8" x 83.4"
Product weight	222 kg / 489 lbs.	263.3 kg / 580 lbs
WEIGHT STACK		
Total stack weight	100 kg / 220 lbs.	131.8 kg / 290 lbs.
Weight plate increments	6.8 kg / 15 lbs.	9.1 kg / 20 lbs.
Consistent stack height	Yes	Yes
Weight stack guarding	Full front and rear shields	Full front and rear shields
FRAME & CABLES		
Frame color	Matte Black	Matte Black
Frame finish	Proprietary two-coat powder process	Proprietary two-coat powder process
Machine anchoring	5 machine anchoring locations	4 machine anchoring locations
Cable transmission	Internally lubricated cables & fittings	Internally lubricated cables & fittings
USER AMENITIES		
Instructional placard	Muscle call outs, start & finish exercise illustrations	Muscle call outs, start & finish exercise illustrations
Placard color coding	Yellow (upper body)	Yellow (upper body)
Contoured seat	N/A	Yes
ADJUSTMENTS		
User adjustment range	N/A	Adjustable start position from front to rear
Color coded pivots & points of adjustment	Yes	Yes

FEATURE	(VST600-S531) AB / LOW BACK	(VST600-S331) LAT PULLDOWN / SEATED ROW
TECH SPECS		
Overall dimensions	126.5 x 113 x 170.5 cm / 49.8 x 44.5 x 67.1"	120.5 x 201 x 215 cm / 47.4 x 79.1 x 84.6"
Product weight	223 kg / 491 lbs	219 kg / 482 lbs
WEIGHT STACK		
Total stack weight	100 kg / 220 lbs	100 kg / 220 lbs.
Weight plate increments	6.8 kg / 15 lbs	6.8 kg / 15 lbs.
Consistent stack height	Yes	Yes
Weight stack guarding	Full front and rear shields	Full front and rear shields
FRAME & CABLES		
Frame color	Matte Black	Matte Black
Frame finish	Proprietary two-coat powder process	Proprietary two-coat powder process
Machine anchoring	4 machine anchoring locations	4 machine anchoring locations
Cable transmission	Internally lubricated cables & fittings	Internally lubricated cables & fittings
USER AMENITIES		
Instructional placard	Muscle call outs, start & finish exercise illustrations	Muscle call outs, start & finish exercise illustrations
Placard color coding	Red (core)	Yellow (upper body)
Contoured seat	Yes	Yes
ADJUSTMENTS		
User adjustment range	5 user start options	N/A
Color coded pivots & points of adjustment	Yes	N/A

FEATURE	(VST600-S74) HIP ABDUCTOR / ADDUCTOR	(VST600-S401) BICEPS / TRICEPS
TECH SPECS		
Overall dimensions	80 x 177.5 x 170.5 cm / 31.5 x 69.9 x 67.1"	84 x 159 x 215 cm / 33.1 x 62.6 x 84.6"
Product weight	233.5 kg / 514 lbs	214 kg / 472 lbs.
WEIGHT STACK		
Total stack weight	100 kg / 220 lbs	68.2 kg / 150 lbs.
Weight plate increments	6.8 kg / 15 lbs.	6.8 kg / 15 lbs.
Consistent stack height	Yes	Yes
Weight stack guarding	Full front and rear shields	Full front and rear shields
FRAME & CABLES		
Frame color	Matte Black	Matte Black
Frame finish	Proprietary two-coat powder process	Proprietary two-coat powder process
Machine anchoring	4 machine anchoring locations	4 machine anchoring locations
Cable transmission	Internally lubricated cables & fittings	Internally lubricated cables & fittings
USER AMENITIES		
Instructional placard	Muscle call outs, start & finish exercise illustrations	Muscle call outs, start & finish exercise illustrations
Placard color coding	Green (lower body)	Yellow (upper body)
Contoured seat	Yes	N/A
ADJUSTMENTS		
User adjustment range	8 user start options	N/A
Color coded pivots & points of adjustment	Yes	N/A

FEATURE	(VST600-S711) LEG EXTENSION / LEG CURL
TECH SPECS	
Overall dimensions	150 x 118 x 170.5 cm / 59.1 x 46.5 x 67.1"
Product weight	246 kg / 542 lbs
WEIGHT STACK	
Total stack weight	100 kg / 220 lbs
Weight plate increments	6.8 kg / 15 lbs.
Consistent stack height	Yes
Weight stack guarding	Full front and rear shields
FRAME & CABLES	
Frame color	Matte Black
Frame finish	Proprietary two-coat powder process
Machine anchoring	4 machine anchoring locations
Cable transmission	Internally lubricated cables & fittings
USER AMENITIES	
Instructional placard	Muscle call outs, start & finish exercise illustrations
Placard color coding	Green (lower body)
Contoured seat	Yes
ADJUSTMENTS	
User adjustment range	8 user start options
Color coded pivots & points of adjustment	Yes



FEATURE	FUNCTIONAL TRAINER (VST600-FT-02)	FEATURE	ADJUSTABLE BENCH (VST600-FW82)
ADJUSTMENTS			
Color-coded Pivots & Points of Adjustment	Yes	Frame Finish	Proprietary two-coat powder process
User Adjustment Range	18 user start options	TECH SPECS	
FRAME & CABLES		Product Weight	42 kg / 92.6 lbs.
Available Frame Color	Black	Max User Weight	100 kg / 220 lbs.
Frame Finish	Proprietary two-coat powder process	Max Training Weight	200 kg / 440 lbs.
Cable Transmission	Internally lubricated cables and fittings	Overall Dimensions	135 x 70 x 51 cm / 53" x 27.5" x 20"
TECH SPECS		FEATURE	DUMBBELL RACK (VST600-FW510)
Overall Dimensions	155 x 106 x 219 cm / 66" x 41.7" x 86.2"	FRAME	
Product Weight	429 kg / 945 lbs.	Frame Finish	Proprietary two-coat powder process
USER AMENITIES		Overall Dimensions	212 x 65 x 80 cm / 83.5" x 25.6" x 31.5"
Included Accessories	2 D-rings	TECH SPECS	
Optional Handle Package (VST600-FTHP)	V-Bar, Triceps Rope, Curl Bar	Product Weight	57 kg / 125.7 lbs.
Placards	Muscle call outs, color-coded, start and finish exercise illustrations	Max Storage Weight	750 kg / 1650 lbs.
Placard Color Coding	Yellow (upper body), blue (lower body), green (core)		
Attachment Storage	6 pegs		
Multi-grip Pull-up Bars	Various grip angles for variety of exercise		
WEIGHT STACK			
Total Stack Weight	190 kg / 418.8 lbs. (95 kg / 209.4 lbs. per side)		
Weight Stack Guarding	Full front and rear shields		







1600 Landmark Drive • Cottage Grove, WI 53527 U.S.A.
p 800.335.4348 • f 608.839.8731 • visionfitness.com