

speed fitness





COMPANY PROFILE

Sunrise Sports and Fitness are actively involved in the fitness equipment industry over 20 years and has extensive experience and professionalism to care about the wellness of people.

World class products and brands are available in Commercial and Consumer Segment.

Our goal is to make sure every valued customer has abundant option to choose from and also to great satisfying and convenient purchase experience.

We offer a wide range of fitness products from cardio, strength machine, accessories, cross Fit functional training rig, Indoor Sports, Garden Fitness equipment, children playground, Nutrition's/ Supplement & many more catering to gyms, clubs, hospitality & corporate.

Our fundamental philosophy is the high quality of products on which our team of quality controller ensures all products adhere to quality criteria.

Building trust and long term business relationship with our client is the ultimate objective of our company by providing prompt sales and services.

Sunrise Sports & Fitness continues to expand its product portfolio by constant market research and developing exercise experience.



T-1370 TREADMILL

- Heavy Duty Commercial Treadmill
- 27" Touch Screen with 1920 x 1080 HD Resolution Display
- Motor Power : 10.0 HP (5 HP Continues)
AC Motor
- Speed range : 1~25 KM/H
- Incline : -3~18%
- Android / 24 Preset Programs / Wifi
- Wireless Charger
- Equipped with an Automatic Lubrication System
- Virtual Scene
- Intelligent Speed Control
- Running Area : 67" x 25" / Orthobelt 3.2mm
- User Weight : 220 Kgs.
- N.W.: 220 Kgs. / G.W.: 304 Kgs.



T-1360 TREADMILL

- Heavy Duty Commercial Treadmill
- Screen : 18.5 TFT Touch Screen
- Motor : 4HP AC Continue (8HP Peak Motor)
- Speed Range : 1.0-20.0KMPH
- Incline : 0-20 %
- Running Area : 63"*23"
- Display : Time, Speed, Distance, Calories, Heart Rate
- High Shock Absorption
- Maximum User Weight 200 Kgs.
- N.W. : 223 Kgs. / G.W. : 270 Kgs.

CURVE TREADMILL



T-2200 CURVE TREADMILL

- Driving Mode : Gravity
- Speed Range : .0-20. KM/H
- Multi Exercises Pattern
- Braking Mode : Magnet resistance Adjustment
- Running Belt Area : 61" x 19"
- Resistance : 1-6 Levels
- Foldable Way : Non -Foldable
- User Weight : Maximum 180 Kgs.
- N.W. : 160 Kgs. / G.W. : 190 Kgs.



T-66 TREADMILL

- Heavy Duty Commercial Treadmill
- Screen : LCD Button Screen
- Motor : 4HP AC Continue (8HP Peak Motor)
- Speed Range : 1.0-20.0KMPH
- Incline : 0-20 %
- Running Area : 63" x 23"
- Display : Time, Speed, Distance, Calories, Heart Rate
- Soft Cushion
- Maximum User Weight 200 Kgs.
- N.W. : 223 Kgs. / G.W. : 270 Kgs.



T-1290 TREADMILL

- Commercial Treadmill
- Motor : 8HP AC (4HP continuous)
- Speed Range : 1.5 - 20 kmph.
- Incline : 0~15%
- Decline: 0 ~ -3%
- Display : LED with Time distance, Heart rate, Time, Calories, Distance, Speed, Incline
- Program: -13 Programs
- Speakers for Mp3
- Running Surface : 62" x 22"
- High Shock Absorption
- Maximum user weight : 180 Kgs.



T-1270 TREADMILL

- Heavy Duty Commercial Treadmill
- Screen : LCD Button Screen
- Motor : 3 HP AC Continue (7HP Peak Motor)
- Speed Range : 1.0-20.0KMPH
- Incline : 0-20 %
- Running Area : 66" x 24"
- Display : Time, Speed, Distance, Calories, Heart Rate
- Shock Absorption
- Maximum User Weight 250 Kgs.
- N.W. : 220 Kgs. / G.W. : 260 Kgs.



X-10 TREADMILL

- Commercial Treadmill
- Screen : LCD Button Screen
- Motor : 4HP AC Continue (8HP Peak Motor)
- Speed Range : 1.0-20.0KMPH
- Running Area : 62" x 24"
- Incline : 0-20 %
- Display : Time, Distance, Calories, Heart Rate, Speed, Incline
- High Shock Absorption
- Maximum user weight 180 Kgs.
- N.W. : 175 Kgs. / G.W. : 210 Kgs.



T-1240 TREADMILL

- Heavy Duty Commercial Treadmill
- Screen : 21.5" LED Display
- Motor : 4HP AC Continue (8HP Peak Motor)
- Speed Range : 0.8-20.0KMPH
- Incline : 0-20 %
- Running Area : 62" x 22"
- Display : Time, Speed, Distance, Calories, Heart Rate
- USB Port : Charging
- Shock Absorption
- Maximum User Weight : 180 Kgs.
- N.W. : 205 Kgs. / G.W. : 259 Kgs.



T-1250 COMMERCIAL TREADMILL

- Heavy Duty Commercial Treadmill
- Screen : LED Display
- Motor : 4HP AC Continue (8HP Peak Motor)
- Speed Range : 0.8-20.0KMPH
- Incline : 0-18 %
- Running Area : 62" x 23"
- Display : Time, Speed, Distance, Calories, Heart Rate
- USB Port : Charging
- High Shock Absorption
- Maximum User Weight : 160 Kgs.
- N.W. : 160 Kgs. / G.W. : 200 Kgs.



T-1280 TREADMILL

- Heavy Duty Commercial Treadmill
- Screen : LED Display
- Motor : 3HP AC Continue (7HP Peak Motor)
- Speed Range : 0-20.0KMPH
- Incline : 0-20 %
- Running Area : 61"x 24"
- Display : Time, Speed, Distance, Calories, Heart Rate
- Shock Absorption
- Maximum User Weight : 220 Kgs.
- N.W. : 215 Kgs. / G.W. : 255 Kgs.



T-1210 TREADMILL

- Heavy Duty Commercial Treadmill
- Screen : LED display
- Motor : 3HP AC Continue (7HP Peak Motor)
- Speed Range : 0-20.0KMPH
- Incline : 0-20 %
- Running Area : 59" x 24 "
- Display : Time, Speed, Distance, Calories, Heart Rate
- High Shock Absorption
- Maximum User Weight : 180 Kgs.
- N.W. : 175 Kgs. / G.W. : 220 Kgs.

SEMI COMMERCIAL TREADMILL

T-7555 TREADMILL

- Semi Commercial Treadmill
- Motor : 3 HP AC Motor (6 HP peak)
- Display : 21.5" TFT Touch Colour Screen display : speed, distance, incline, time, calorie, pulse, with Mp3 input, USB.
- Speed : 1-18 km/h
- Incline : 0-15 %
- Running Belt : 21" x 60"
- With gas spring for folding
- High Shock Absorption
- Max User : 150 Kgs.
- N.W. : 95 Kgs. / G.W. : 110 Kgs.



T-7010 TREADMILL

- Semi Commercial Treadmill
- Motor : 3 HP AC Motor (6 HP peak)
- Display : 7" LCD Blue Screen, Window display : speed, distance, incline, time, calorie, pulse, with Mp3 input, USB.
- Speed : 1-18 km/h
- Incline : 0-15 %
- Running Belt : 21" x 60"
- With gas spring for folding
- High Shock Absorption
- Max User : 150 Kgs.
- N.W. : 95 Kgs. / G.W. : 110 Kgs.



T- 8008B TREADMILL

- Semi Commercial Treadmill
- Motor : 6 HP Peak (3 HP DC continuous)
- Display : Blue Screen, speed, distance, incline, time, calorie, pulse, with Mp3 input USB.
- Speed Range : 1-16 kmph
- Incline : 0-15 %
- Programs : P1-P12
- Running Surface : 54" x 20"
- Wheel for transportation
- Easy folding
- Shock Absorption
- Max User : 150 Kgs.



T-1050 TREADMILL

- Semi Commercial Treadmill
- Motor : 3 HP AC Motor (6 HP peak)
- Display : 7" LCD Display with Blue Backlight display : speed, distance, incline, time, calorie, pulse, with Mp3 input, USB.
- Speed : 1-20 km/h
- Incline : 0-15 %
- Running Belt : 58" x 20"
- With gas spring for folding
- Soft Cushion
- Max User Weight : 150 Kgs.
- N.W. : 95 Kgs. / G.W. : 110 Kgs.



T-143 TREADMILL

- Semi Commercial Treadmill
- Motor : 1.5 HP AC Motor
- Display : LCD
display : speed, distance, incline, time, calorie, pulse, with Mp3 input, USB.
- Speed : 1-14 km/h
- Incline : 0-15 %
- Running Belt : 48" x 17"
- With gas spring for folding
- Shock Absorption
- Max User Weight : 150 Kgs.
- N.W. : 59 Kgs. / G.W. : 62 Kgs.



HOME USE TREADMILL

T - 740 TREADMILL

- Motor Power : 2.5 HP, DC Motor
- Speed : 1.0 - 18.0 Km/H
- Display : Speed, Time, Distance, Pulse & Calorie
- Incline : 20 % Automatic
- Running Surface : 54" x 20"
- Wireless Charge / Bluetooth
- Max User Weight : 120 Kgs.
- N.W. : 67 Kgs. / G.W. : 78 Kgs.



T - 730 TREADMILL

- Motor Power : 1.75 HP, DC Motor
- 8 Programs with Touch Button
- Speed : 0.8 - 12.0 Km/H
- Incline : 15 % Automatic
- Running Surface : 47" x 18"
- Bluetooth
- Max User Weight : 100 Kgs.
- N.W. : 45 Kgs. / G.W. : 52 Kgs.



T - 720 TREADMILL

- Motor Power : 1.75 HP, DC Motor
- Speed : 1.0 - 12.0 Km/H
- Display : Speed, Time, Distance, Pulse & Calorie
- Incline : 3 Level Manual
- Running Surface : 48" x 18"
- Max User Weight : 100 Kgs.
- N.W. : 46 Kgs. / G.W. : 53 Kgs.



T-2380 TREADMILL

- Home Use Treadmill
- Motor Power : 0.85 hp, 1-6 km / h
- Display : LCD Screen, Speed, Time, Distance
- Remote control function with handle
- Running Surface : 40" x 15"
- Incline : without incline
- Max User Weight : 100 Kgs.



T-1380 TREADMILL

- Home Use Treadmill
- Motor Power : 0.85 hp, 1-6 km / h
- Display : LCD Screen, Speed, Time, Distance
- Remote control function
- Running Surface : 40" x 15"
- Incline : without incline
- Max User Weight : 100 Kgs.



COMMERCIAL CROSS TRAINER

SF-8000 CROSS TRAINER

- Commercial Cross Trainer
- Power : Self Power Generator
- Resistance : 1 to 26
- Program : Preset 1 to 8
- Monitor : Time, Speed, Distance, Calories, Pulse Rate
- Belt : Firm & Stable Frame, Complete Superb Anti-rust Baking Finish, Noiseless, Smooth & Stable Running
- Stride Length : 21"
- Max. User Weight : 180 Kgs.
- N.W. : 201 Kgs. / G.W. : 230 Kgs.



SF-1000 CROSS TRAINER

- Commercial Cross Trainer
- Self-power hybrid break system.
- Resistance : 20 Levels.
- Display : 7 Windows + Dot Matrix
- Telemetry monitor
- Program : 11 Programs
- Controls : Button display or touch-buttons on stationary handlebars
- Stride Length : 21"
- Dimensions : 86" x 30" x 64"
- Maximum user weight : 180 Kgs.



SF-9201 CROSS TRAINER

- Commercial Cross Trainer
- Power : Self Generated
- Adjustable Slope
- Resistance : 15 Levels
- Stride : 21"
- Product Dimensions : 90" x 32" x 73"
- Maximum User Weight : 180 Kgs.



SF-9100 CROSS TRAINER

- Commercial Cross Trainer
- Power - Self Generator System
- Screen : LED DISPLAY
- Monitor : Time, Speed, Distance , Calories, Pulse
- Resistance Range : 1.0-26.0 (level)
- Assemble Size : 77" x 36" x 69"
- Stride : 21"
- User Weight : 150 Kgs.



SF-654 CROSS TRAINER

- Commercial Cross Trainer
- Power : Self Power Generator
- Resistance : 1 to 8
- Program : Preset 1 to 8
- Monitor : Time, Speed, Distance, Calories, Pulse Rate
- Belt : Firm & Stable Frame, Complete Superb Anti-rust Baking Finish, Noiseless, Smooth & Stable Running
- Stride : 21"
- User Weight : 160 Kgs. Max
- N.W. : 137 Kgs. / G.W. : 174 Kgs.



SF-612 CROSS TRAINER

- Commercial Cross Trainer
- Display : Speed, Distance / Time / Body Fat / Scan / Pulse Recovery / Calories.
- Wheel : Outer Magnetic Wheel with Two Ways System.
- Resistance : Manual 10- Level Resistance Adjustable system
- Belt - Smooth and Silent Belt Transmission
- Stride : 21"
- User Weight : 150 Kgs.



SEMI COMMERCIAL CROSS TRAINER

SF-897 CROSS TRAINER

- Display Function : 5" LCD : Pulse, Level, Speed, Time, Distance, Calories
- Resistance Regulation : Electromagnetic Control
- Heart Rate : Hand - held
- Stride Length : 22"
- Incline : Manual incline
- Dimension when open : 68" x 29" x 65"
- Max. User Weight : 150 Kgs.
- N.W. : 85 Kgs. / G.W. : 100 Kgs.



**SPECIAL FEATURE
INCLINE MODE**

SF-895 CROSS TRAINER

- Semi Commercial Cross Trainer
- Display : Time, Speed, Distance, Calories, Watt, Pulse
- Resistance System : Motor Magnetic
- Transmissions System : B-Belt
- Resistance Level : 24
- Power : Adaptor
- Striding Length : 18"
- Dimension : 65" x 24" x 60"
- Max. User Weight : 140 Kgs.



SF-888 CROSS TRAINER

- User setting profiles, preset profiles, pulse
- Display : Control, Pulse recovery, Time, Speed, Distance, Calorie, Pulse
- Brake system : Magnet
- Drive system : Belt
- Crank system : 3pcs crank
- Stride length : 19"
- Training intensity : 16 levels by motor
- Max User Weight : 100 Kgs.
- Assembled Size : 63" x 24" x 69"
- N.W. 56 Kgs. / G.W. : 60 Kgs.



RECUMBENT BIKE

SF-755 RECUMBENT BIKE

- Commercial Recumbent Bike
- Brake Type : Self Powdered Hybrid Brake
- Resistance Levels : 25
- Fly wheel Weight : 6 Kgs.
- Handel Bar Control : Ergonomically designed seat-side handles with contact heart rate grips on-your-fingure tips control
- Console Display : 7 Window + dot matrix
- Console Readouts: Distance, Time, Speed, Watt, Calories, Heart Rate
- Programs : 11
- Gross Weight : 105 Kgs.
- Product Dimension : 65" x 26" x 55"
- Maximum User Weight : 180 Kgs.



ECR7 RECUMBENT BIKE

- Commercial Recumbent Bike
- Brake Type: Self - generating
- Resistance Levels : 20
- Flywheel Weight : 8 Kgs.
- Handel Bar Control : Ergonomically designed seat-side handles with contact heart rate
- Display : 6 LED Window + dot matrix LED
- Console Readouts: Speed, Time, Calories,, RPM, Distance, Heart Rate, Resistance etc.
- Programs : 12
- Product Dimension : 66" x 25" x 52"
- Maximum User Weight : 150 Kgs.
- Gross Weight : 101 Kgs.



SF-9109 RECUMBENT BIKE

- Commercial
- Resistance : 1-20 Electro Magnetic Resistance Levels
- Crank : Carbon Steel 3 piece
- Pedals : Self Levelling, Adjustable
- Seat Adjustment : Pop pin adjustment
- Fly wheel : Front Drive
- Console type : LED Backlit
- Read outs : Distance, Speed, Time, Calories, Pulse
- Hand pulse : Yes
- Other Features : Self Powered, No need for external power
- Max user Weight : 160 Kgs.



SF-8800 RECUMBENT BIKE

- Screen : LED
- Read outs : Distance, Speed, Time, Calories, Pulse
- Motor : Self Generator
- Read outs : Distance, Speed, Time, Calories, Pulse
- Level of resistance segments : 26
- Assembly Size : 65" x 28" x 44"
- Max user Weight : 150 Kgs.
- N.W. : 84 Kgs. / G.W. : 95 Kgs.



SF-733 RECUMBENT BIKE

- Self Power Generator System Motorized Adjustable Workout-Resistance with 32 Fitness Levels
- Time, Speed, Distance, Calories, Watt, Heart Rate Control, RPM, Hand Pulse Meter.
- Program : 12
- Ergonomically Built-in-Hand Grip Pulse Sensor Design
- Front Transport Wheels User Friendly Handle Bar
- Size : 73" x 27" x 36"
- Fly Wheel Weight : 10 Kgs.
- User Weight : 150 Kgs.
- Gross Weight : 110 Kgs.



SF-831 RECUMBENT BIKE

- Self Power Generator System Motorized Adjustable Workout-Resistance with 32 Fitness Levels
- Time, Speed, Distance, Calories, Heart Rate Control, Hand Pulse Meter
- Program : 12
- Crank : 3 Pcs
- Ergonomically Built-in-Hand Grip Pulse Sensor Design
- Front Transport Wheels User Friendly Handle Bar
- Fly Wheel Weight : 9 Kgs.
- User Weight : 140 Kgs.
- Gross Weight : 61 Kgs.



SF-722 RECUMBENT BIKE

- Magnetic Recumbent Bike
- High End Home Use
- LCD Screen
- Display : Speed, Distance / Time / Pulse / Calories
- Adjustable Seat
- Easy Moveable
- Maximum user Weight : 120 Kgs.



UPRIGHT BIKE

SF-700 UPRIGHT BIKE

- Commercial Upright Bike
- Brake Type : Self Powered Brake
- Resistance : Levels : 25
- Fly Wheel Weight : 9 Kgs.
- Handle bar control : 3 riding positions with contact heart rate grips and on your finder tips control
- Display : 7 Windows + dot Matrix
- Console Readouts : Speed, Time, Calories, Distance, Heart Rate.
- Programs : 11
- Maximum User Weight 180 Kgs.
- Gross Weight : 85 Kgs.



SF-9107 UPRIGHT BIKE

- Commercial
- Resistance : 20 Electro Magnetic, Resistance Levels
- Crank : Carbon Steel 3 piece
- Pedals : Self Levelling, extra wide
- Seat adjustment : Pop pin adjustment
- Fly wheel : Front drive
- Read outs : Distance, Speed, Time, Calories, Pulse
- Hand pulse : Yes
- Other Features : Self powered, on need for external power
- Maximum User Weight : 150 Kgs.



SF-102 MAGNETIC BIKE

- Home Use
- Display : Speed, Distance / Time / Pulse / Recovery / Calories
- Adjustable Seat
- Product Size : 44" x 25" x 31"
- Maximum user Weight : 120 Kgs.
- Gross Weight : 85 Kgs.



SF-101 MAGNETIC BIKE

- Home Use
- Display : Speed, Distance / Time / Pulse / Recovery / Calories
- Fly Wheel : 7 Kgs.
- Adjustable Seat
- Maximum user Weight : 120 Kgs.



SPIN BIKE

SF-1500 SPIN BIKE

- Commercial
- Fly wheel : 20 Kgs.
- Drive System : Durable V-belt
- Resistance & Brake : Unlimited tension adjustable know with direct-contact system
- Crank : 3 Pieces professional cranks, Unique Star-shape crank design
- Seat Adjustment : Horizontal & Vertical
- Handle bars Adjustment : Horizontal & Vertical
- Dimensions : 47" x 22" x 43"
- Product Weight : 62 Kgs.
- Maximum User Weight : 160 Kgs.



SF-1400 SPIN BIKE

- Commercial Spin Bike
- Flywheel Weight : 22 Kgs.
- Handlebars : Multi-position, Soft PVC
- Handlebars Adjustment : Vertical
- Saddle : Ultra - padded sport saddle
- Saddle Adjustment : Vertical & Horizontal
- Water bottle Holder : One
- Dimensions : 48" x 21" x 44"
- Maximum User Weight : 150 Kgs.
- Gross Weight : 64 Kgs.



SF-130 SPIN BIKE

- Seat bar and handle bar are made in aluminum alloy
- Brake System : Magnetic
- Flywheel : 4 Kgs. Aluminum
- The bike apply PVC plastic dipping handle and a breathable seat which is for an advanced racing car, with imported bearing, pedal and large shaft
- Dimension : 50" x 20" x 40"
- User Weight : 120 Kgs.



SF-500 SPIN BIKE

- Driving method : Belt
- Seat bar and handle bar are made in aluminum alloy
- Frame apply 50 x 120 flat oval tube, Brake, Gear in four level adjustment
- The weight of fly weight is 18 kg
- The bike apply PVC plastic dipping handle and a breathable seat which is for an advanced racing car, with imported bearing, pedal and large shaft
- User Weight : 150 Kgs.



SF-2286 SPIN BIKE

- Fly wheel : 18 Kgs.
- Handle Bar : Horizontal & Vertical
- Brake Friction Breaking system & emergency lock
- Other Dipping Handle Bar
- Colour Black & Yellow
- Pedals Aluminum
- Saddle Horizontal & Vertical
- Steel Wheel Luxurious Design with Steel Wheel smooth Working user
- Max. user Weight : 150 Kgs.



SF-2285 SPIN BIKE

- Brake - Friction Braking System and Emergency Lock
- Steel Wheel - Luxurious Design with Steel Wheel for Smooth working pedals- Aluminum Drive - Belt Drive
- Fly Wheel -20 Kgs.
- Saddle : Horizontal and Vertical
- Handle Bar : Horizontal and Vertical
- Stuffing : PU Foam with Synthetic Leather
- Other : Dipping Handle Bar Colour : Black, Yellow, Green
- Max. User Weight - 150 Kgs.
- N.W. : 72 Kgs. / G.W. : 77 Kgs.



SF-1100S SPIN BIKE

- Flying wheels : 13 Kgs.
- Display : Time, Distance, Pulse, Speed, Calories
- Seat with ergonomic suspension
- Bottle Holder, Adjustable Handle / Seat
- Maximum user Weight : 150 Kgs.



SF-1100 SPIN BIKE

- Flying wheels : 13 Kgs.
- Display : Time, Distance, Pulse, Speed, Calories
- Bottle Holder, Adjustable Handle / Seat
- Maximum user Weight : 150 Kgs.



SF-550 SPIN BIKE

- Home Use
- Flying Wheels : 8 Kgs.
- Display : Time, Distance, Pulse, Speed
- Bottle Holder, Adjustable Handle / Seat
- Maximum User Weight : 100 Kgs.



SF-901 SPIN BIKE

- Home Use
- Flying Wheels : 13 Kgs.
- Display : Time, Distance, Pulse, Speed
- Bottle Holder, Adjustable Handle / Seat
- Maximum User Weight : 120 Kgs.



ORBITRAC BIKE

SF-210 ORBITRAC BIKE

- Home Use Elite Elliptical Trainer
- Monitor : Time, Speed, Calories, Distance, Pulse.
- Maximum User Weight : 130 Kgs.



SF-170 ORBITRAC BIKE

- Elliptical Bike
- Monitor : Time, Speed, Calories, Distance, Pulse
- Maximum User Weight : 120 Kgs.



SF-130 AIR BIKE

- Home Use
- Display : Time, Distance, Pulse, Speed
- Belt Driven System
- With Back Support
- Ergonomic Seat
- Maximum User Weight : 100 Kgs.



With Back Support

SF-120 AIR BIKE

- Home Use
- Display : Time, Distance, Pulse, Speed
- Belt Driven System
- Ergonomic Seat
- Maximum User Weight : 100 Kgs.



AIR BIKE

SF-632 COMMERCIAL AIR BIKE

- Monitor : Time, Speed, Distance, Calories
- Adjustable : Saddle - Horizontal & Vertical
- Drive : Belt and Chain
- Size : 51" x 24" x 49"
- Max. User Weight : 150 Kgs.
- N.W. : 58 Kgs. / G.W. : 69 Kgs.



SF-633 COMMERCIAL AIR BIKE

- Monitor : Time, Speed, Distance, Calories
- Adjustable : Saddle - Horizontal & Vertical
- Drive : Belt and Chain
- Size : 42" x 22" x 48"
- Max. User Weight : 150 Kgs.
- N.W. : 70 Kgs. / G.W. : 80 Kgs.



ROWER

SF-171 ROWER

- Commercial Rower
- Length of Guide : 54"
- Display : Speed, Distance, Time, Calories
- Training Space : 91" x 20" x 26"
- Space of Storage : 25" x 33" x 55"
- User Weight : 150 Kgs.
- G.W. : 45 Kgs. / G.N.: 40 Kgs.



SF- 600 ROWER

- Commercial Rower
- Heart Rate : Support Wireless Heart Rate Tasting
- Display Screen : 7" Blue LCD, Speed, Distance, Time, Calories
- Folding size : 52" x 18" x 71"
- Size : 93" x 18" x 40"
- User Weight : 150 Kgs.
- Folding movement : Foldable front wheel movement



SF-6101 WATER ROWER

- Name : Water Rowing Machine
- Display Screen : 7" Blue LCD, Speed, Distance, Time, Calories
- Resistance Water
- Dimension : 82" x 20" x 23"
- User Weight : 150 Kgs.
- Net Weight : 100 Kgs.



SF-DZ02 TYRE FLIP

- Excellent surface painting finish
- Smooth Welding
- Top quality steel tube Q235
- Thickness : 3 mm after painting Plate
- loaded fitness machine / fitness equipment / gym, machine / sport equipment /exercise machine/ exercise equipment / body building equipment



SF-DZ38 POWER SLED TANK

- Size : 52" x 34" x 41"
- Packing Size : 48" x 35" x 27"
- Weight : 86 Kgs.



MASSAGE CHAIRS

4D MASSAGE CHAIR

- Body type detection : AI intelligent detection
- Control Method : HD Touch screen
- Movement : 4D Manipulator
- Massage Techniques : 10 Kinds of automatic + a variety of DIY settings
- Massage Parts : Neck, Shoulders, Waist, Arms, Calves, Calf, Feet & Ankles.
- Audio Configuration : Noise Filtering HiFi Bluetooth audio
- Product Size : Upright : 64" x 30" x 46" Flat : 75" x 30" x 33"
- Carton Size : 148 x 77 x 83 cm
- Hot Compress Temperature : ~45
- N.W. : 106 Kgs. / G.W. : 118 Kgs.



4D LUXURY MASSAGE CHAIR

- Body type detection : AI intelligent detection
- Control Method : Android Tablet
- Movement : 4D Manipulator
- Massage Techniques : 12 Kinds of automatic + a variety of DIY settings
- Massage Parts : Full Body Massage
- Zero Gravity Suspension
- Whole Body air bag wrapping
- Audio Configuration : HiFi Bluetooth audio
- Product Size : Upright : 66" x 32" x 46"
- Carton Size : 148 x 77 x 83 cm
- Hot Compress Temperature : ~45
- N.W. : 106 Kgs. / G.W. : 123 Kgs.



CLIMBER

SF-205 COMMERCIAL CLIMBER

- Console : LED Display
- Electromagnetic braking system
- Speed Range : 30 - 120 steps per minute
- Assembly Size : 58" x 33" x 82"
- Power Requirement : 12V/AC/3A
- Maximum User Weight : 180 Kgs.



SF-202 COMMERCIAL CLIMBER

- Console : LED Display 20 resistance levels and 6 programs
- Type Integrated Strength machine
- Application Universal
- Top quality steel tube Q235
- Weight : 190 Kgs.
- Maximum User Weight : 180 Kgs.



SF-666 CLIMBER

- 4 Bearing Steels are used to in the sliding Guide to reduce the friction & noise, make it move more smoothly
- Belt with pulley to make your moving under less noise as you want
- Main Frame : 4" x 4" x 1" square tube
- Climb Angle 75 degree
- User weight : 150 Kgs.
- Assembly Size : 41" x 35" x 96"
- N.W. : 83 Kgs. / G.W. : 111 Kgs.



SF-999 LADDERMILL

- Multi - Function Laddermill
- Adjustable Angle 20-25 degree
- Non Motor driven for quiet dependable operation
- Adjustable Angle Tilt Angle 70 degree
- Elevation Angle 100 degree & Angle Float 40 degree
- Assembly Size : 69" x 58" x 109"
- Product Weight : 300 Kgs.



SF-DZ 29 UNLIMITED FREE TRAINER

- Excellent surface painting finish
- Smooth welding
- With CE and ISO9001 Certifications
- Top quality steel tube Q235
- Steel Tube Size : 100 x 50 x 3 mm
- Original brand with unique design
- Thickness : 3mm after painting



SF-30 HIP THRUST

- Frame Material : 3 mm thickness steel tube
- Cushion Material : One step foaming cushion
- Weight Stack : N/A
- Size : 66" x 60" x 31"
- Weight : 89 Kgs.



HOME GYM

SF-222 HOME GYM

- Home Gym for Multi-Exercise
- Powder coated for extra durability
- Covered weight stacks
- Weight Stack : 72 Kgs.
- Functions : Pec Deck. Lat Pull Down (Front & Back) Preacher Curl Seated Rows, Leg Extension
- Dimension : 72" x 41" x 81"
- User weight : 150 Kgs.



SF-333 HOME GYM

- Durable powder-coated finish
- High and low pulleys for upper and lower body exercises
- FUNCTIONS : Pec Deck. Lat Pull Down (Front & Back). Preacher Curl. Seated Rows. Leg Extension, Preacher Curl. Standing Leg Curl, Tricep Pull up, Chest Dip.
- Adjustable Bench
- Weight Stack : 72 Kgs.
- Dimension : 86" X 84" X 83"
- User Weight : 150 Kgs.
- N.W. : 162 Kgs. / G.W. : 178 Kgs.



SF-777 MULTI GYM

- Multi Gym for Multi-Exercises
- Durable powder-coated finish
- Weights Stacks : 72 Kgs.
- Dimension : 67" x 40" x 81"
- Function Boxing bag, Sit up bench, Squat function
- N.W.: 172 Kgs. /G.W.: 187 Kgs.



SF-899 MULTI GYM

- Multi Gym for Multi-Exercises
- Durable powder-coated finish
- Weights Stacks : 144 Kgs.
- Dimension : 101" x 87" x 84"
- N.W.: 305 Kgs. /G.W.: 330 Kgs.



FRONT SIDE PIC.



BACK SIDE PIC.

MULTI GYM

SF-405 MULTISTATION

- Main Tube : 70 x 50 x 1.5 mm
- Compact 4 weight stack work station provides an uncompromised range of exercises.
- Workouts : Abdominal, Lat Pull Down, Leg Press, Shoulder Press, Pec Dec, low Row, Bicep, Tricep, Leg curl, Low row
- Weight Stack : 4 Wt. Stack of 150 lbs Each With Cover
- Size : 98" x 98" x 87"
- Stack : Plastic 600 lbs
- Max. User Weight : 140 Kgs.



SF-518 BK MULTI GYM

- Frame Material : F 50 x 50 x 2.0 mm Square Tube
- Weight Stack : Four Towers, 64 Pcs, Metal Plate
- 94 Kgs each, Total - 384 Kgs.
- Features : Multi Functions
- Covers : Steel Covers
- Pads : High-Density Pads
- Assemble Size : 110" x 108" x 82"
- N.W. : 686 Kgs. / G.W. : 694 Kgs.



SF-144 SMITH WITH FUNCTIONAL TRAINER

- Size : 71" x 86" x 89"
- Weight stacks : 60*2 Kgs.
- Material : Steel Tube Q235
- Weight : 343 Kgs.
- Functions : Squat Rack | Smith | Functional trainer | Chin up | Leg press
- Range of application Cross fit training center Professional gym club / Fitness center



INDIAN MULTI EXERCISE MACHINE

SF-599 MULTI GYM

- All in one unit with dedicated weight stacks for each exercise. Workout your entire body on a single machine
- Compact 4 weight stack work station provides an uncompromised range of exercises
- Workouts : Pec Fly, Rear Delt Fly, Lat Pull Down, Cable Row, Leg Extension, Seated Leg Curl, Bicep Curl, Tricep Pushdown, Cable Lateral Raise
- Size : 85"x 115" x 92"
- Weight Stack : 4 x 100 Kgs. Total 400 Kgs.
- Optional : Cover
- Made in India



CRAZY FIT MASSAGER

SF-002 CRAZY FIT MASSAGER

- Maximum Power : 2 HP
- Display : Speed, Distance / Time / Pulse / Recovery / Calories
- Speed Range : 30 Different Level are available
- Frequency : 0-14 REPS / S
- User Weight Capacity : 200 Kgs.



SF-001 CRAZY FIT MASSAGER

- Maximum Power : 1.5 HP
- Display : Speed, Distance / Time / Pulse / Recovery / Calories
- Speed Range : 30 Different Level are available
- Frequency : 0-14 REPS / S
- User Weight Capacity : 150 Kgs.



BENCHES



SF-300 FLAT BENCH

- Flat Bench
- Main tube : 70 x 50 x 1.5 cms
- Size : 44" x 22" x 42
- N.W. : 15 Kgs. / G.W. : 13 Kgs.



SF-309 BENCH PRESS

- Olympic Weight Bench With butterfly press, leg curl.
- Adjustable incline
- Padded rollers and seat
- User Weight : 100 Kgs.
- N.W. : 30 Kgs. / G.W. : 34 Kgs.



SF - 310 MULTI ADJUSTABLE BENCH

- Flat / Decline / Incline Bench
- Main Tube : 70 x 50 x 2
- Size : 156 x 54 x 55-125 (cm)
- G.W. : 34 Kg. / N.W. : 32 Kgs.



SF - 311 MULTI ADJUSTABLE BENCH

- Multi Purpose Bench
- Highly Cushion Seat
- Size : 70" x 18" x 20"
- G.W. : 44 Kgs. / N.W. : 48 Kgs.
- Made in India



SF - 313 MULTI BENCH

- Multi - Purpose Bench
- Highly Cushion Seat
- Preacher Curl / Leg Extension
- Size : 63" x 26" x 24"
- N.W. : 51 Kgs.



IFFID MULTI-PURPOSE BENCH

- Multi - Purpose Bench
- Highly Cushion Seat
- Size : 63" x 26" x 21"
- N.W. : 33 Kgs.



IFOFB BENCH PRESS

- Flat Bench
- User Weight : 64 Kgs.
- Size : 61" x 52" x 49"
- N.W. : 70 Kgs.



IF0DB DECLINE BENCH PRESS

- Decline Bench
- Padded Rollers and Seat
- User Weight : 100 Kgs.
- Size : 75" x 52" x 46"
- N.W. : 70 Kgs.



IFOIB INCLINE BENCH PRESS

- Incline Bench
- Highly Cushion Seat
- Size : 62" x 52" x 47"
- N.W. : 74 Kgs.



IFAAB ABDOMINAL BENCH

- Abdominal Bench
- Highly cushion seat
- Size : 67" x 23" x 46"
- N.W. : 24 Kgs.



SF-555 MULTI ADJUSTABLE BENCH PRESS

- Innovative flat / incline / decline olympic bench
- The application of advanced biomechanics ensures that our equipment follows the body's physiological movement to help keep the user free from injury.
- Finish : Electrostatic powder-coated and heat cured after adhesiveness enhancement pre-treatment for superior durability
- Size : 80" x 48" x 52"
- N.W. : 130 Kgs.
- Made in India



IFFI FLAT INCLINE BENCH

- Flat Incline Bench
- Main Tube : 70 x 50 x 2
- Size : 64" x 25" x 20"
- N.W. : 33 Kgs.



IFSS SQUAT STAND

- Squat Stand
- Easy to Adjust and Convenient to use
- Size : 49" x 62" x 39"
- N.W. : 56 Kgs.



IFBR BARBELL RACK

- Barbell Rack
- Easy to Adjust and Convenient to use
- Size : 32" x 34" x 55"
- N.W. : 44 Kgs.



IFDB3 DUMBBELL RACK

- Dumbbell Rack 2 Tiers
- Product Dimension : 42.5" x 18.6" x 26.7"
- Product Weight : 29 Kgs.



IFDB4 DUMBBELL RACK

- Dumbbell Rack 3 Tiers
- Product Dimension : 42.5" x 18.6" x 26.7"
- Product Weight : 35 Kgs.



SF - 005 DUMBBELL RACK

- 2 Tiers Dumbbell Rack
- Size : 66" x 18" x 29"
- Bottom Tier Wide Angle
- N.W. : 32 Kgs. / G.W. : 34 Kgs.
- Made in India



SF - 444 3 in 1 RACK

- 3 in 1 Rack (Dumbbell, Plate & Barbell)
- Size : 61" x 29" x 43"
- Heavy Duty : MS Frame with 12 Gauge
- N.W. : 30 Kgs.
- Made in India



SF - 008 PLATE TREE 29 mm

- Plate Tree for Standard Plates
- Size : 38" x 30" x 5"
- N.W. : 14 Kgs. / G.W. : 15 Kgs.

SF - 009 OLYMPIC PLATE TREE

- Plate Tree for Olympic Plates
- Size : 38" x 30" x 5"
- N.W. : 18 Kgs. / G.W. : 20 Kgs.

SF - 018 DUMBBELL RACK

- 2 Rack Dumbbell Stand
- 4 Pair holding capacity.
- Compact size
- Durable

U2001CA / PRONE LEG CURL

- Dimension : 65" x 39" x 59"
- Weight : 225 Kgs.
- Weight Stack Standard : 95 Kgs.
- Option : Heavy : 140 Kgs.

The RITZ Series (Solid) **Prone Leg Curl** uses a prone design to enhance the ease-of -use experience. The widened elbow pads and grips help users to better stabilize the torso, and the ankle roller pads can be adjusted according to different leg lengths and ensure stable and optimal resistance.



U2002CA / LEG EXTENSION

- Dimension : 62" x 42" x 59"
- Weight : 230 Kgs.
- Weight Stack Standard : 110 Kgs.
- Option : Heavy : 140 Kgs.

The RITZ Series (Solid) **Leg Extension** have multiple starting positions, which can be adjusted freely according to user needs to improve exercise flexibility. The adjustable ankle pad allows the user to choose the most comfortable posture in a small area. The seat and back pad have been ergonomically optimized for better support and comfort, which also allows the knees to be easily aligned with the pivot axis to achieve good biomechanics.



U2003CA / LEG PRESS

- Dimension : 83" x 43" x 59"
- Weight : 240 Kg
- Weight Stack Standard : 109 Kg
- Option : Heavy : 139 Kg

The RITZ Series (Solid) **Leg Press** have widened foot pads. To achieve a better training effect, the design allows full extension during exercises and supports maintaining verticality to simulate a squat exercise. The seat and back pad have been ergonomically optimized for better support and comfort, which also can provide different users with their desired starting positions.



U2004CA / BUTTERFLY MACHINE

- Dimension : 60" x 48" x 64"
- Weight : 230 Kgs.
- Weight Stack Standard : 110 Kgs.
- Option : Heavy : 140 Kgs.

The RITZ Series (Solid) **Butterfly Machine** is designed to effectively active most of the pectoral muscles while minimizing the influence of the front of the deltoid muscle through the decline movement pattern. The seat and back pad have been ergonomically optimized for better support and comfort. In the mechanical structure, the independent motion arms make the force exerted more smoothly during the training process, and their shape design allows user to get the best range of motion.



U2005CA / LATERAL RAISE

- Dimension : 39" x 51" x 59"
- Weight : 178 Kgs.
- Weight Stack : 52 Kgs.

The RITZ Series (Solid) **Lateral Raise** is designed to allow exercisers to maintain a sitting posture and easily adjust the height of the seat to ensure that the shoulders are aligned with pivot the pivot point for effective exercise. The seat has been ergonomically optimized for better support and comfort. And upright open design makes the device easy to enter and exit.



U2006CA / SHOULDER PRESS

- Dimension : 69" x 54" x 59"
- Weight : 237 Kgs.
- Weight Stack Standard : 110 Kgs.
- Option : Heavy : 140 Kgs.

The RITZ Series (Solid) **Shoulder Press** use a decline back pad with an adjustable seat to better stabilize the torso while adapting to users of different sizes. Simulate shoulder press to better realize shoulder biomechanics. The device is also equipped with comfortable handles with different positions, which increases the comfort of exercisers and the variety of exercises.



U2007CA / PEC FLY / REAR DELT

- Dimension : 49" x 37" x 83"
- Weight : 235 Kgs.
- Weight Stack : 110 Kgs.

The RITZ Series (Solid) **Pec Fly / Real Delt** is designed with adjustable rotating arms, which is designed to adapt to the arm length of different exercisers and provide the correct training posture. The independent adjustment cranksets on both sides not only provide different starting positions, but also make exercise variety. The long and narrow back pad an provide back support for Pec fly and chest support for the deltoid muscle.



U2008CA / VERTICAL PRESS

- Dimension : 60" x 42" x 72"
- Weight : 246 Kgs.
- Weight Stack : 110 Kgs.
- Option : Heavy : 140 Kgs.

The RITZ Series (Solid) **Vertical Press** is great for training upper body muscle groups. The adjustable back pad is used to provide a flexible starting position, which balanced both comfort and performance. The split-type motion design allows exercisers to choose a variety of training programs. The low pivot of the movement arm ensures proper path of motion and easy entrance / exit to and from the unit.



U2009CA / DIP / CHIN ASSIST

- Dimension : 61" x 54" x 93"
- Weight : 220 Kgs.
- Weight Stack : 88 Kgs.

The RITZ Series (Solid) **Dip / Chin Assist** is a mature dual-function system. Large steps, comfortable knee pads, rotatable tilt handles and multi-position pull-up handles are part of the highly versatile dip/chin assist device. The knee pad can be folded to realize the user's unassisted exercise. A more reasonable placement of weight stacks and training areas improves the overall stability and ease of use of the equipment.



U2012CA / LAT PULLDOWN

- Dimension : 47" x 48" x 88"
- Weight : 249 Kgs.
- Weight Stack Standard : 110 Kgs.
- Option : Heavy : 135 Kgs.

The RITZ Series (Solid) **Lat Pulldown** follows the outstanding design style of this category, with the pulley position on the device allowing the user to move smoothly in front of the head. The seat and adjustable thigh pads have been ergonomically optimized for better support and comfort.



U2013CA / INCLINE PRESS

- Dimension : 82" x 59" x 59"
- Weight : 274 Kgs.
- Weight Stack Standard : 110 Kgs.
- Option : Heavy : 140 Kgs.

The RITZ Series (Solid) of **Inline Press** meet the needs of different users for incline presses with a small adjustment through adjustment seat and back pad. The dual-position handle can meet the comfort and exercise diversity of exercisers. The seat and back pad have been ergonomically optimized for better support and comfort. And reasonable trajectory allows users to train in a less spacious environment without feeling crowded or restrained.



U2018CA / ROTARY TORSO

- Dimension : 45" x 40" x 59"
- Weight : 166 Kgs.
- Weight Stack : 66 Kgs.

The RITZ Series (Solid) **Rotary Torsos** is a powerful and comfortable device that provides users with an effective way to strengthen the core and back muscles. The kneeling position design is adopted, which can stretch the hip flexors while reducing the pressure on the lower back as much as possible. The uniquely designed knee pads ensure the stability and comfort of use and provide protection for multi-posture training.



U2021CA / ABDUCTOR & ADDUCTOR

- Dimension : 64" x 30" x 59"
- Weight : 235 Kgs.
- Weight Stack : 92 Kgs.

The RITZ Series (Solid) **Abductor & Adductor** features an easy-adjust start position for both inner and outer thigh exercises. Dual foot pegs accommodate a wide range of exercisers. The seat and back pad have been ergonomically optimized for better support and comfort. And pivoting thigh pads are angled for improved function and comfort during workouts, making it easier for exercisers to focus on muscle strength.



U2023CA / SEATED LEG CURL

- Dimension : 58" x 43" x 59"
- Weight : 235 Kgs.
- Weight Stack : 110 Kgs.
- Option : Heavy : 140 Kgs.

The RITZ Series (Solid) **Seated Leg Curl** is designed with adjustable calf pads and thigh pads. The wide seat cushion is slightly inclined to correctly align the exerciser's knees with the pivot point, helping customers find the correct exercise posture to ensure better muscle isolation and higher comfort.



U2024CA / GLUTE ISOLATOR

- Dimension : 41" x 49" x 59"
- Weight : 130 Kgs.
- Weight Stack Standard : 49 Kgs.
- Option : Heavy : 94 Kgs.

The RITZ Series (Solid) **Glute Isolator** based on the standing position on the ground, targets to train the muscles of the hips and standing legs. Elbow pads, adjustable chest pads and handles provide stable support for different users. The use of fixed floor feet instead of counterweight plates enhances the stability of the device while increasing the space for movement, the exerciser enjoys a stable thrust to maximize hip extension.



U2026CA / SEATED DIP

- Dimension : 62" x 49" x 59"
- Weight : 232 Kgs.
- Weight Stack Standard : 110 Kgs.
- Option : Heavy : 140 Kgs.

The RITZ Series (Solid) **Seated Dip** adopts a design for the triceps and pectoral muscle groups. The equipment realizes that while ensuring the safety of training, it replicates the movement path of the traditional push-up exercise performed on parallel bars and provides supported guided exercises. The seat and back pad have been ergonomically optimized for better support and comfort.



U2027CA / SEATED TRICEPS-FLAT

- Dimension : 39" x 49" x 59"
- Weight : 186 Kgs.
- Weight Stack Standard : 65 Kgs.
- Option : Heavy : 110 Kgs.

The RITZ Series (Solid) **Seated Triceps Flat**, through the seat adjustment and integrated elbow arm pad, ensures that the exerciser's arms are fixed in a correct training position, so that they can exercise their triceps with the highest efficiency and comfort. The structure design of the equipment is simple and practical, considering the ease-of-use and training effect.



U2028CA / TRICEPS EXTENSION

- Dimension : 46" x 39" x 59"
- Weight : 165 Kgs.
- Weight Stack : 65 Kgs.
- Option : Heavy : 110 Kgs.

The RITZ Series (Solid) **Triceps Extension** adopts a classic design to emphasize the biomechanics of triceps extension. To allow users to exercise their triceps comfortably and efficiently, the seat adjustment and tilt arm pads play a good role in positioning.



U2030CA / BICEPS CURL

- Dimension : 48" x 37" x 59"
- Weight : 160 Kgs.
- Weight Stack Standard : 65 Kgs.
- Option : Heavy : 110 Kgs.

The RITZ Series (Solid) **Biceps Curl** has a scientific curl position, with a comfortable automatic adjustment handle, which can adapt to different users. The single - seater adjustable ratchet can not only help the user find the correct movement position, but effective stimulation of the biceps can make the training more perfect. The seat has been ergonomically optimized for better support and comfort.



U2031CA / BACK EXTENSION

- Dimension : 30" x 40" x 59"
- Weight : 241 Kgs.
- Weight Stack : 110 Kgs.

The RITZ Series (Solid) **Back Extension** have a walk-in design with adjustable back rollers, allowing the exerciser to freely choose the range of motion. The widened waist pad provides comfortable and excellent support throughout the entire range of motion. Simple lever principle, excellent sports experience.



U2033CA / LONG PULL

- Dimension : 71" x 54" x 72"
- Weight : 215 Kgs.
- Weight Stack : 110 Kgs.

The RITZ Series (Solid) **Long Pull** not only can it be used as a part of the serial modular core of a plug-in workstation or a multi-person station, but it is also can be used as an independent mid row device. The Long Pull has a raised seat for convenient entry and exit. Separate foot pad can adapt to users of different body types without obstructing the motion path of the device. The mid row position allows users to maintain an upright back position. Handles are easily interchangeable.



U2034CA / VERTICAL ROW

- Dimension : 48" x 52" x 59"
- Weight : 227 Kgs.
- Weight Stack Standard : 95 Kgs.
- Option : Heavy : 110 Kgs.

The RITZ Series (Solid) **Vertical Row** has an adjustable chest pad and seat height and can provide a starting position according to the size of different users. The seat and chest pad have been ergonomically optimized for better support and comfort. And L-shaped design of the handle allows users to use both wide and narrow gripping methods for training, to better activate the corresponding muscle groups.



U2035CA / PULL DOWN

- Dimension : 53" x 56" x 59"
- Weight : 267 Kgs.
- Weight Stack : 110 Kgs.

The RITZ Series (Solid) **Pull Down** features a refined biomechanical design that provides a more natural and smoother path of motion. The ergonomically optimized seat and roller pads maximize comfort and stability for exercisers of all sizes while helping exercisers position themselves correctly.



U2073CA / ABDOMINAL ISOLATOR

- Dimension : 53" x 41" x 59"
- Weight : 214 Kgs.
- Weight Stack : 95 Kgs.

The RITZ Series (Solid) **Abdominal Isolators** follow a walk-in minimalist design with no unnecessary adjustment steps. Uniquely designed seat pad provides strong support and protection during training. Foam rollers provide effective cushioning for training, and counterweights provide low starting resistance to ensure smooth and safe movement.



U2084CA / CHEST & SHOULDER PRESS

- Dimension : 72" x 59" x 59"
- Weight : 256 Kgs.
- Weight Stack : 110 Kgs.

The RITZ Series (Solid) **Chest Shoulder Press** realizes the integration of the functions of the three machines into one. On this machine, the user can adjust the pressing arm and seat on the machine to perform bench press, upward oblique press and shoulder press. The seat and back pad have been ergonomically optimized for better support and comfort. And comfortable oversized handles in multiple positions, combined with the simple adjustment of the seat, allow users to easily sit in position for different exercises.



U2085CA / LAT PULL DOWN & LOW ROW

- Dimension : 78" x 45" x 89"
- Weight : 228 Kgs.
- Weight Stack : 110 Kgs.

The RITZ Series (Solid) **Lat & Pulley Machine** is a dual-function machine with lat pulldown and mid-row exercise positions. It features an easy-to-adjust thigh hold-down pad, extended seat and foot bar to facilitate both exercises. Without leaving the seat, you can quickly switch to another training through simple adjustments to maintain training continuity.



U2086CA / LEG EXTENSION & LEG CURL

- Dimension : 58" x 41" x 59"
- Weight : 255 Kgs.
- Weight Stack : 110 Kgs.

The RITZ Series (Solid) **Leg Extension / Leg Curl** is a dual-function machine. Designed with convenient shin pad and ankle pad, you can easily adjust from the sitting position. The seat and back pad have been ergonomically optimized for better support and comfort. And shin pad, located below the knee, is designed to help the leg curl, thereby helping users find the correct training position for different exercises.



U2087CA / CAMBER CURL & TRICEPS

- Dimension : 53" x 43" x 59"
- Weight : 255 Kgs.
- Weight Stack : 110 Kgs.

The RITZ Series (Solid) **Camber Curl Triceps** use biceps/triceps combined grips, which can accomplish two exercises on one machine. The single-seater adjustable ratchet can not only help the user find the correct movement position, but also ensure the best comfort. The seat and back pad have been ergonomically optimized for better support and comfort. And correct exercise posture and force position can make exercise performance better.



U2088CA / ABDOMINAL & BACK EXTENSION

- Dimension : 62" x 44" x 59"
- Weight : 256 Kgs.
- Weight Stack : 110 Kgs.

The RITZ Series (Solid) **Abdominal/Back Extension** is a dual- function machine designed to allow users to perform two exercises without leaving the machine. Both exercises use comfortable padded shoulder straps. Easy position adjustment provides two starting positions for back extension and one for abdominal extension.



U2046 / STANDING MULTI FLIGHT

- Dimension : 57" x 35" x 79"
- Weight : 322 Kgs.
- Weight Stack : 80 Kgs.

The Standing Multi Flight is a multifunctional machine for a complete upper body workout. With height adjustment of the rotation centers, counterbalanced and starting angle adjustment, this machine ensures a natural and effective adaptation of the load.



D - 605 / MAX II DUAL CABLE CROSS

- Dimension : 62" x 46" x 85"
- Weight : 452 Kgs.
- Weight Stack : 105 Kgs. x 2

The **MAX II Dual-Cable Cross** enhances strength by allowing users to perform movements that mimic activities in everyday life. Functionally trains the muscles of the entire body to work together while building stability and coordination. Every muscle and plane of motion can be worked and challenged on this unique machine.



SMITH WITH FUNCTIONAL TRAINER

JL - 7366 SMITH WITH FUNCTIONAL TRAINER

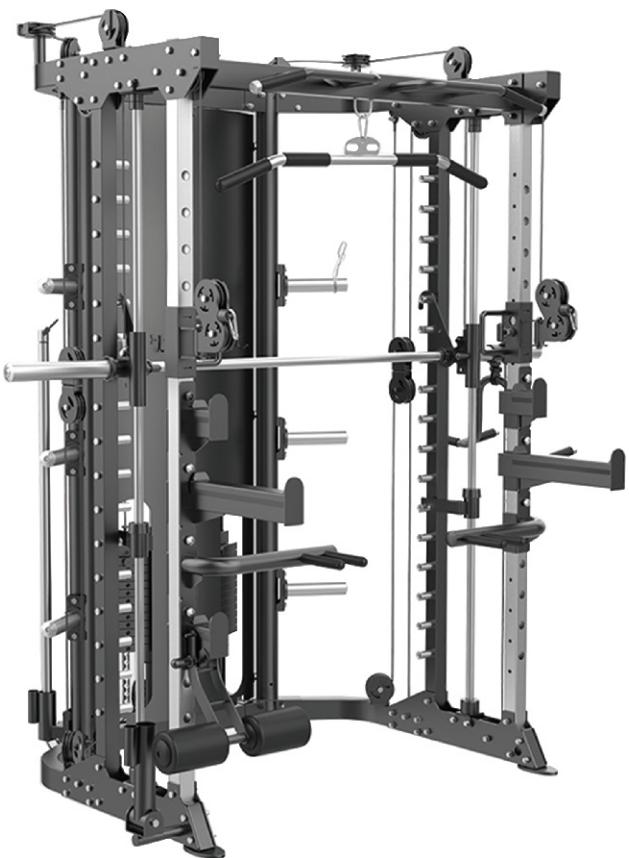
- Dimension : 109" x 64" x 95"
- Weight : 340 Kgs.
- Weight Stack : 200 Kgs. x 2



E6247 / FUNCTIONAL SMITH MACHINE

- Dimension : 84" x 62" x 89"
- Weight : 336 Kgs.

The DHZ **Functional Smith Machine** features the most popular training types in one. The best strength training solution for limited space. It has pull up/chin up bars, spotter arms, j-hooks for squat and barbell rest, an outstanding cable system and probably 100 other features. The stable and reliable smith system provides fixed rails to help exercisers get lower while stabilizing training positions starting weight. Support single or multi-person training at the same time



U1017C / FUNCTIONAL TRAINER

- Dimension : 57" x 35" x 79"
- Weight : 322 Kgs.
- Weight Stack : 80 Kgs.

DHZ **Functional Trainer** is designed to provide a near limitless variety of workouts in a one space, which is one of the gym's most popular pieces of equipment. Not only can it be used as a freestanding device, but it can also be used to complement existing workout types. 16 selectable cable positions allow users to perform a variety of exercises. Dual 95kg weight stacks provide enough load even for experienced lifters



PLATE LOADED

Y905Z / CHEST PRESS

- Dimension : 59" x 48" x 68"
- Weight : 162 Kgs.

The Discovery-R Series **Chest Press** uses a forward converging movement that effectively activates the pectoralis major, triceps, and anterior deltoid. The motion arms can be moved independently, not only ensuring a more balanced muscle exercise, but also supporting the user in individual training.



Y910Z / WIDE CHEST PRESS

- Dimension : 58" x 47" x 68"
- Weight : 139 Kgs.

The Discovery-R Series **Wide Chest Press** strengthens the lower pectoralis through a forward converging movement while activating the pectoralis major, triceps, and anterior deltoid. Excellent biomechanical trajectory makes training more comfortable and effective. Balanced strength increase, support for single-arm training, both thanks to the variety training possibilities offered by the independent motion arms.



Y915Z / INCLINE CHEST PRESS

- Dimension : 61" x 41" x 67"
- Weight : 197 Kgs.

The Discovery-R Series **Incline Chest Press** is designed to better train the upper chest muscles. Excellent biomechanical standards and ergonomic design ensure training effectiveness and comfort. The motion arms can be moved independently, not only ensuring a more balanced muscle exercise, but also supporting the user in individual training.



Y920Z / PULL DOWN

- Dimension : 44" x 69" x 79"
- Weight : 198 Kgs.

The Discovery-R Series **Pull Down** provides a natural arc of motion and greater range, allowing users to effectively train the lats and biceps. The independently moving arms ensure balanced strength increase and allow for separate training. Excellent motion path design makes training smooth and comfortable.



Y925Z / LOW ROW

- Dimension : 62" x 51" x 65"
- Weight : 190 Kgs.

The Discovery-R Series **Low Row** offers activation programs for multiple muscle groups, including the lats, biceps, rear deltoids, and traps. Dual-hold position handgrips involve training of different muscles. The independently motion arms ensure the balance of the training and supports the user to perform independent training. The central handle provides stability during single-arm training.



Y930Z / ROW

- Dimension : 47" x 55" x 52"
- Weight : 137 Kgs.

The Discovery-R Series **Row** is designed to activate the lats, biceps, rear deltoid, and trapezius muscles. Provides variety training with dual-grip handles. The independently motion arms guarantee the balanced strength increase and allows the user to train independently. The central handle is responsible for the stability of independent workouts.



Y935Z / SHOULDER PRESS

- Dimension : 51" x 50" x 59"
- Weight : 146 Kgs.

The Discovery-R Series **Shoulder Press** provide the feel of free weight training, with an excellent biomechanical design ideal for strengthening deltoids, triceps and upper traps by replicating the overhead press. The independently motion arms guarantee the balanced strength increase and allow the user to train independently.



Y940Z / REAR KICK

- Dimension : 44" x 53" x 65"
- Weight : 102 Kgs.

The Discovery-R Series **Rear Kick** replicates the rear kick movement with mechanically transmitted weight loads, which is an ideal choice for training glutes, hamstrings, and quads. The large foot plates allow users to train in multiple positions, while the ergonomic pads provide reasonable stress distribution while stabilizing the torso.



Y945Z / CALF

- Dimension : 66" x 49" x 49"
- Weight : 145 Kgs.

The Discovery-R Series **Calf** is designed to effectively target the gastrocnemius and **calf muscle groups**. Provides the freedom and focus of **free weight training** while delivering accurate load **without stressing the spine**. The wide footplate allows the user's training to vary with different foot positions.



Y950Z / LEG PRESS

- Dimension : 71" x 82" x 60"
- Weight : 261 Kgs.

The Discovery-R Series **Leg Press** is designed to replicate the leg extension movement in a **closed kinetic chain**, that is very effective for quadriceps, hamstrings and glutes activation and training. The wide foot platform allows users to switch training according to the foot position. The handgrips provide stability during exercise and is also a start-stop switch for the training.



Y955Z / STANDING LEG CURL

- Dimension : 47" x 55" x 45"
- Weight : 135 Kgs.

The Discovery-R Series **Leg Curl** replicates the same muscle pattern as the leg curl, and with ergonomically designed support, users can comfortably and effectively train the hamstrings. Adjustable foot plates allow users of different sizes to be in the correct training position, and wide pads and handgrips allow for easy switching between left and right leg training.



Y960Z / LEG EXTENSION

- Dimension : 50" x 50" x 46"
- Weight : 135 Kgs.

The Discovery-R Series **Leg Extension** is designed to utilize the motion trajectory by isolating and fully engaging the quadriceps. The purely mechanical transmission structure ensures the accurate transmission of the load weight, and the ergonomically optimized seat and shin pads ensure training comfort.



Y965Z / SEATED DIP

- Dimension : 63" x 55" x 39"
- Weight : 140 Kgs.

The Discovery-R Series **Seated Dip** is designed to fully activate the triceps and pectoral muscles, providing optimal workload distribution based on an excellent trajectory of motion. The independently motion arms guarantee the balanced strength increase and allow the user to train independently. Optimal torque is always provided to the user during the training.



Y970Z / BICEPS CURL

- Dimension : 42" x 36" x 39"
- Weight : 140 Kgs.

The Discovery-R Series **Biceps Curl** replicates the same biceps curl following the movement pattern of the elbow's physiological power curve under load. The pure mechanical structure transmission makes the load transmission smoother, and the addition of ergonomic optimization makes the training more comfortable.



E3056S / ANGLED LEG PRESS

LINEAR BEARING

- Dimension : 86" x 64" x 50"
- Weight : 241 Kgs.

The Evost Series **Angled Leg Press** features heavy duty commercial linear bearings for smooth motion and durable. The 45-degree angle and two starting positions simulate an optimal leg-pressure movement, but with spinal pressure removed. The ergonomically optimized seat design provides accurate body positioning and support, the four weight horns on the footplate allow users to easily load the weight plates.



E3057 / HACK SQUAT

- Dimension : 88" x 65" x 50"
- Weight : 183 Kgs.

The Evost Series **Hack Squat** simulates the motion path of a ground squat, providing the same experience as free weight training. Not only that, but the special angle design also eliminates the shoulder load and spinal pressure of traditional ground squats, stabilizes the exerciser's center of gravity on the inclined plane, and ensures the straight transmission of force.



E3082 / GLIDE ABDOMINAL TRAINER

- Dimension : 65" x 31" x 58"
- Weight : 72 Kgs.

The Evost Series **Glide Abdominal Trainer** is perfect for training studios, hotels, commercial gym or at home use. The features of the Glide Abdominal Trainer include smooth rails, a free-style motion seat, an independent storage weight horns, a stronger thicker handle and upgraded front and rear legs. The Glide Abdominal Trainer combines the simplicity of the abdominal crunch with the effectiveness of the hanging leg raise.



E3092 / HIP THRUST

- Dimension : 72" x 49" x 49"
- Weight : 108 Kgs.

The Evost Series **Hip Thrust** focuses on the glute muscles and simulates the most popular free weight glute training paths. Ergonomic pelvic pads provide secure and comfortable support for training start and end. The traditional bench is replaced by a wide back pad, which greatly reduces the pressure on the back and improves the comfort and stability.



U3061 / INCLINE LEVEL ROW

- Dimension : 73" x 32" x 47"
- Weight : 74 Kgs.

The Evost Series **Incline Level Row** uses the inclined angle to transfer more load to the back, effectively activate the back muscles, and the chest pad ensures stable and comfortable support. The dual-foot platform allows users of different sizes to be in the correct training position, and the dual-grip boom provides multiple possibilities for back training.



U3062 / SEATED CALF

- Dimension : 56" x 28" x 39"
- Weight : 57 Kgs.

The Evost Series **Seated Calf** allows the user to activate the calf muscle groups rationally using body weight and additional weight plates. Easily adjustable thigh pads support users of different sizes, and the seated design removes spinal pressure for a more comfortable and effective training. The start-stop catch lever ensures safety when starting and ending training.



U3063 / SMITH MACHINE

- Dimension : 43" x 86" x 92"
- Weight : 258 Kgs.

The Evost Series **Smith Machine** is popular among users as an innovative, stylish, and safe plate loaded machine. The vertical motion of the Smith bar provides a stable path to assist exercisers in achieving the correct squat. Multiple locking positions allow users to stop training by rotating the Smith bar at any point during process of the exercise, and a cushioned base on the bottom protects the machine from damage caused by a sudden drop of the load bar.



U3065 / SUPER SQUAT

- Dimension : 91" x 43" x 81"
- Weight : 165 Kgs.

The Evost Series Super Squat offers both forward and reverse squat training modes to activate the major muscles of the thighs and hips. The wide, angled foot platform keeps the user's path of motion on an incline plane, greatly releasing pressure on the spine. The locking lever will automatically drop when you start training and can be easily reset by pedaling when you exit.



JN2063A / SMITH COMBO RACK

- Dimension : 73" x 87" x 89"
- Weight : 240 Kgs.

The DHZ **Smith Combo Rack** offers strength trainers more options for weightlifting. The stable and reliable Smith system provides a fixed track to help exercisers pursue heavier weights while stabilizing their training posture. The free weight area on the other side allows experienced lifters to perform more flexible and targeted training, and the quick- release column provides convenience for switching between different exercises.



JN2063B / SMITH COMBO RACK

Counterbalanced

- Dimension : 91" x 43" x 81"
- Weight : 165 Kgs.

The DHZ **Smith Combo Rack** offers strength trainers more options for weightlifting. The stable and reliable Smith system provides a fixed rails combined with additional counterbalance loads to help user get lower starting weights. The free weight area of JN2063B on the other side allows experienced lifters to perform more flexible and targeted training, and the quick- release column provides convenience for switching between different exercises.



BENCHES & RACKS



U3036 - FLAT BENCH

- Dimension : 54" x 30" x 17"
- Product Weight : 26 Kgs.

Simple flat bench with ideal height for various weight-bearing exercises



U3037 - ADJUSTABLE DECLINE BENCH

- Dimension : 64" x 30" x 32"
- Product Weight : 54 Kgs.

For free weights exercises or abdominal trainer with different adjustment angles, wheels for mobility.



U3041 - OLYMPIC DECLINE BENCH

- Dimension : 82" x 70" x 43" cm
- Product Weight : 83 Kgs.

Negative declined bench with four hooks for barbell and four weight horns.



U3042 - OLYMPIC INCLINE BENCH

- Dimension : 79" x 71" x 56" cm
- Product Weight : 87 Kgs.

Inclined bench with four hooks for barbell and four weight horns.



U3038 - MULTI-PURPOSE BENCH

- Dimension : 46" x 30" x 33"
- Product Weight : 27 Kgs.

Seat position with back rest, close to the ground for stability and comfort, Foot support for stability.



U3039 - SUPER BENCH

- Dimension : 65" x 30" x 32"
- Product Weight : 41 Kgs.

Bench with seat and backrest adjustment, Wheels for mobility; Adjustable to various angles.



U3043 - OLYMPIC FLAT BENCH

- Dimension : 69" x 71" x 49"
- Product Weight : 66 Kgs.

Flat bench with four hooks for barbell and four weight horns.



U3044 - SEATED PREACHER CURL

- Dimension : 52" x 34" x 39"
- Product Weight : 49 Kgs.

Seated Preacher Curl, Seat height adjustment for different user sizes.



U3045 - BACK EXTENSION

- Dimension : 49" x 34" x 38"
- Product Weight : 64 Kgs.

Retaining bottom edge for stability and comfort throughout the entire exercise.



U3047 - VERTICAL KNEES UP/DIP

- Dimension : 50" x 28" x 63"
- Product Weight : 77 Kgs.

The contoured elbow pads, hand grips and back pad provide stability for knee - up exercises.



E3053 - HANDLE RACK

- Dimension : 38" x 30" x 41"
- Product Weight : 69 Kgs.

Construction for comfortable removal of the barbells; Storage option for small barbell & six hooks for hanging accessories.



U3054 - VERTICAL PLATE TREE

- Dimension : 24" x 23" x 49"
- Product Weight : 30 Kgs.

Stable stand with six horns for weight plates; Easy to mount and remove the plates.



U3050 - SQUAT RACK

- Dimension : 73" x 69" x 71"
- Product Weight : 122 Kgs.

Allows for easy user access with multiple hooks ensure proper take off and secure catch positions.



U3051 - OLYMPIC MILITARY BENCH

- Dimension : 62" x 71" x 71"
- Product Weight : 122 Kgs.

Military Bench features molded urethane protective racking that limits noise and protects the bar from wear for a stable and precise workout.



U3055 - BARBELL RACK

- Dimension : 39" x 30" x 57"
- Product Weight : 69 Kgs.

Construction for comfortable removal of the barbells, Storage option for small barbell & six hooks for hanging accessories.



100608 - BEAUTY DUMBBELL RACK

- Dimension : 20" x 21" x 48"
- Product Weight : 20 Kgs.

With its space-efficient design, it can make better use of the fitness space while storing 10 pairs of dumbbells vertically.

HECTOR SERIES

H-1001 PRONE LEG CURL

- Dimension : 34" x 66" x 60"
- Weight : 205 Kgs.
- Weight Stack : 100 Kgs.



H-1002 LEG EXTENSION

- Dimension : 38" x 57" x 60"
- Weight : 210 Kgs.
- Weight Stack : 100 Kgs.





H-1003 SEATED LEG PRESS

- Dimension : 44" x 78" x 60"
- Weight : 230 Kgs.
- Weight Stack : 100 Kgs.



H-1004 PECTORAL FLY

- Dimension : 57" x 32" x 60"
- Weight : 215 Kgs.
- Weight Stack : 100 Kgs.



H-1005 LATERAL RAISE

- Dimension : 48" x 42" x 60"
- Weight : 215 Kgs.
- Weight Stack : 100 Kgs.



H-1006 SHOULDER PRESS

- Dimension : 50" x 73" x 60"
- Weight : 225 Kgs.
- Weight Stack : 100 Kgs.



H-1007 REAR DELT / PEC FLY

- Dimension : 69" x 46" x 80"
- Weight : 235 Kgs.
- Weight Stack : 100 Kgs.



H-1008 VERTICAL PRESS

- Dimension : 52" x 54" x 60"
- Weight : 210 Kgs.
- Weight Stack : 100 Kgs.



H-1009 DIP/ CHIN ASSIST

- Dimension : 56" x 49" x 87"
- Weight : 265 Kgs.
- Weight Stack : 100 Kgs.



H-1010 MULTI HIP

- Dimension : 42" x 39" x 61"
- Weight : 220 Kgs.
- Weight Stack : 100 Kgs.



H-1011 INCLINE CHEST PRESS

- Dimension : 56" x 86" x 60"
- Weight : 250 Kgs.
- Weight Stack : 100 Kgs.



H-1014 ROTARY TORSO

- Dimension : 42" x 35" x 60"
- Weight : 210 Kgs.
- Weight Stack : 100 Kgs.



H-1015 ABDOMINAL ISOLATOR

- Dimension : 38" x 45" x 60"
- Weight : 190 Kgs.
- Weight Stack : 100 Kgs.



H-1016 ABDUCTOR

- Dimension : 62" x 35" x 60"
- Weight : 230 Kgs.
- Weight Stack : 100 Kgs.



H-1017 ADDUCTOR

- Dimension : 62" x 54" x 60"
- Weight : 230 Kgs.
- Weight Stack : 100 Kgs.



H-1018 SEATED LEG CURL

- Dimension : 37" x 65" x 60"
- Weight : 230 Kgs.
- Weight Stack : 100 Kgs.



H-1019 GLUTE ISOLATOR

- Dimension : 33" x 48" x 60"
- Weight : 178 Kgs.
- Weight Stack : 100 Kgs.



H-1020 SEATED DIP

- Dimension : 42" x 59" x 60"
- Weight : 210 Kgs.
- Weight Stack : 100 Kgs.



H-1021 SEATED TRICEP

- Dimension : 36" x 43" x 60"
- Weight : 190 Kgs.
- Weight Stack : 100 Kgs.



H-1022 CAMBER CURL

- Dimension : 34" x 50" x 60"
- Weight : 190 Kgs.
- Weight Stack : 100 Kgs.



H-1023 BACK EXTENSION

- Dimension : 37" x 47" x 60"
- Weight : 210 Kgs.
- Weight Stack : 100 Kgs.



H-1024 LONG PULL

- Dimension : 42" x 65" x 68"
- Weight : 220 Kgs.
- Weight Stack : 100 Kgs.



H-1025 VERTICAL ROW

- Dimension : 51" x 59" x 60"
- Weight : 200 Kgs.
- Weight Stack : 100 Kgs.



H-1026 LAT PULL DOWN

- Dimension : 53" x 43" x 86"
- Weight : 225 Kgs.
- Weight Stack : 100 Kgs.

HECTOR DUAL STATION



H-1053 ABDUCTOR & ADDUCTOR

- Dimension : 62" x 34" x 64"
- Weight : 214 Kgs.
- Weight Stack : 100 Kgs.



H-1054 LEG EXTENSION & CURL

- Dimension : 38" x 61" x 60"
- Weight : 197 Kgs.
- Weight Stack : 100 Kgs.



H-1055 LAT PULLDOWN WITH ROW

- Dimension : 80" x 40" x 86"
- Weight : 183 Kgs.
- Weight Stack : 100 Kgs.



H-1056 CHEST & SHOULDER PRESS

- Dimension : 52" x 68" x 60"
- Weight : 193 Kgs.
- Weight Stack : 100 Kgs.



H-1057 BICEP & TRECIP CURL

- Dimension : 47" x 36" x 64"
- Weight : 168 Kgs.
- Weight Stack : 100 Kgs.



H-1012 CABLE CROSSOVER

- Dimension : 176" x 43" x 91"
- Weight : 396 Kgs.
- Weight Stack : 80 x 2 Kg.



H-1013 FUNCTIONAL TRAINER

- Dimension : 77" x 41" x 93"
- Weight : 345 Kgs.
- Weight Stack : 80 x 2 Kg.



H-1048 SMITH MACHINE

- Dimension : 88" x 41" x 93"
- Weight : 289 Kgs.



H-1027 FLAT BENCH

- Dimension : 61" x 52" x 64"
- Weight : 28 Kgs.



H-1028 ADJUSTABLE DECLINE BENCH

- Dimension : 65" x 27" x 39"
- Weight : 50 Kgs.



H-1029 UTILITY BENCH

- Dimension : 42" x 27" x 36"
- Weight : 30 Kgs.



H-1030 SUPER BENCH

- Dimension : 55" x 27" x 28"
- Weight : 43 Kgs.



H-1031 OLYMPIC DECLINE BENCH

- Dimension : 42" x 27" x 36"
- Weight : 70 Kgs.



H-1032 OLYMPIC INCLINE BENCH

- Dimension : 42" x 27" x 36"
- Weight : 74 Kgs.



H-1033 OLYMPIC FLAT BENCH

- Dimension : 69" x 67" x 48"
- Weight : 58 Kgs.



H-1034 SEATED PREACHER CURL

- Dimension : 45" x 33" x 35"
- Weight : 45 Kgs.



H-1035 BACK EXTENSION

- Dimension : 48" x 35" x 26"
- Weight : 55 Kgs.



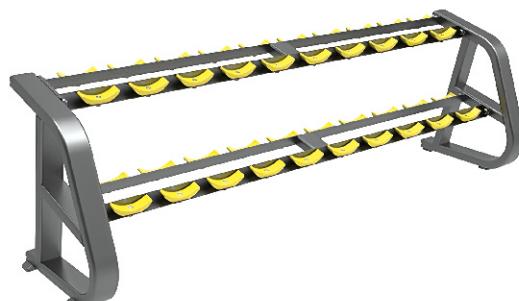
H-1036 VERTICAL KNEES UP / DIP

- Dimension : 50" x 28" x 38"
- Weight : 68 Kgs.



H-1037 POWER CAGE

- Dimension : 62" x 49" x 92"
- Weight : 125 Kgs.



H-1038 DUMBBELL RACK

- Dimension : 28" x 98" x 31"
- Weight : 74 Kgs.



H-1039 SQUAT RACK

- Dimension : 69" x 67" x 70"
- Weight : 112 Kgs.



H-1040 OLYMPIC SEATED BENCH

- Dimension : 60" x 71" x 70"
- Weight : 134 Kgs.



H-1041 BARBELL RACK

- Dimension : 37" x 30" x 42"
- Weight : 38 Kgs.



H-1042 PLATE STAND

- Dimension : 23" x 24" x 50"
- Weight : 36 Kgs.



H-1043 BARBELL STAND

- Dimension : 36" x 31" x 60"
- Weight : 76 Kgs.



H-1044 ANGLED LEG PRESS

- Dimension : 86" x 64" x 49"
- Weight : 172 Kgs.



H-1045 HACK SQUAT

- Dimension : 88" x 67" x 50"
- Weight : 172 Kgs.



H-1046 INCLINE LEVER ROW

- Dimension : 73" x 32" x 47"
- Weight : 66 Kgs.



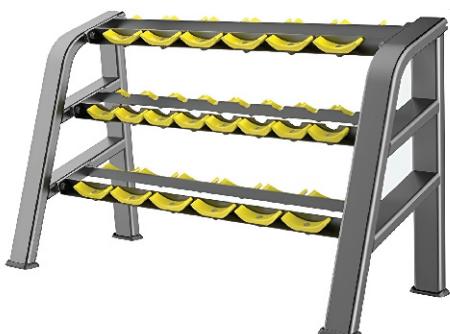
H-1047 SEATED CALF

- Dimension : 59" x 28" x 39"
- Weight : 60 Kgs.



H-1049 SUPER SQUAT

- Dimension : 80" x 65" x 58"
- Weight : 196 Kgs.



H-1050 THREE TIER DUMBBELL RACK

- Dimension : 27" x 55" x 36"
- Weight : 70 Kgs.



H-1052 STRETCH TRAINER

- Dimension : 51" x 21" x 42"
- Weight : 65 Kgs.

RUBBERISED DUMBBELLS



HEX

- Dumbbells available in :

2.5 kg	25 kg
5.0 kg	30 kg
7.5 kg	35 kg
10 kg	40 kg
15 kg	45 kg
20 kg	50 kg

SPEED

- Dumbbells available in :

2.5 kg	22.5 kg
5.0 kg	25 kg
7.5 kg	27.5 kg
10 kg	30 kg
12.5 kg	35 kg
15 kg	40 kg
17.5 kg	45 kg
20 kg	50 kg



STANDARD

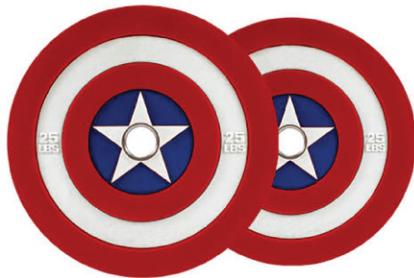
- Dumbbells available in :

2.5 kg	25 kg
5.0 kg	30 kg
7.5 kg	35 kg
10 kg	40 kg
15 kg	45 kg
20 kg	50 kg

CAPTAIN AMERICA

- Dumbbells available in :

2.5 kg	22.5 kg
5.0 kg	25 kg
7.5 kg	30 kg
10 kg	35 kg
15 kg	40 kg
17.5 kg	45 kg
20 kg	50 kg



PLATES



CAPTAIN AMERICA

- Plates available in :

2.5 kg	15 kg
5.0 kg	20 kg
7.5 kg	25 kg
10 kg	

TRIGRIP

- Plates available in :

OLYMPIC PLATES	STANDARD PLATES
(Bare Size 51 mm)	(Bare Size 29 mm)
2.5 kg	2.5 kg
5.0 kg	5.0 kg
7.5 kg	7.5 kg
10 kg	10 kg
15 kg	15 kg
25 kg	25 kg



TRAINGLE

- Plates available in :
- OLYMPIC PLATES (Bare Size 51 mm)

2.5 kg
5.0 kg
10 kg
15 kg
20 kg
25 kg



BUMPER PLATES

- Plates available in :

5 kg
10 kg
15 kg
20 kg
25 kg



7 HOLE PLATES

- Plates available in :

5 kg
10 kg
15 kg
20 kg
25 kg

ACCESSORIES

Available : 2, 4, 6, 8, 10, 12 Kg



KETTLE BELL



STEP BOARD



SKIPPING ROPE



MAG GRIPPE HANDLE SET



PUSH-UP BAR



Available : 6, 8, 10, mm

YOGA MAT



TRICEP ROPE



WIDE-ROWING HANDLE



TRICEP HANDLE



TRICEP HANDLE 2



BICEP HANDLE



EZ BAR



LAT PULL SOWN BAR



LAT PULL DOWN HANDLE



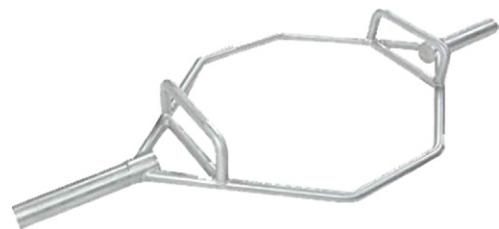
OLYMPIC EYE ROD



HEAVY DUTY SOLID BAR



OLYMPIC TRICEP BAR



OLYMPIC HEX BAR



Rod Size : 7 ft, 6 ft, 5 ft, 4 ft

OLYMPIC ROD



Size : 65cm, 75cm, 85cm, 95cm

GYM BALL



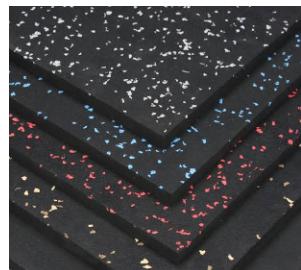
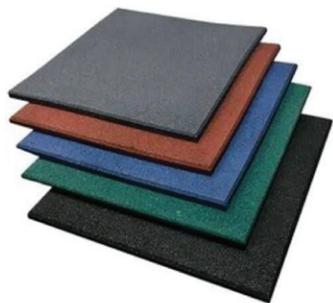
4ft EZ BAR

*Size : 1.5 x 15 mtr.
2.0 x 15 mtr.*



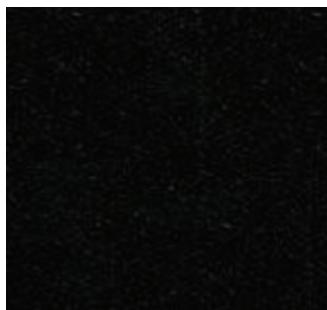
BATTLE ROPE

GYM FLOORINGS



Thickness : 10, 15, 20, 25 mm

Size : 500 x 500 mm



Black



Green



Blue



Red



Gray



Forest Green



Earth Tone



Yellow



INDOOR SPORTS



POOL TABLE



SNOOKER



AIR HOCKEY



FOSSBALL TABLE



TABLE TENNIS



CARROM BOARD



CHESS



LUDO

OUTDOOR MULTI COURT

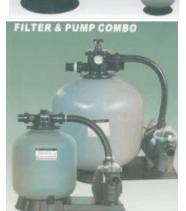
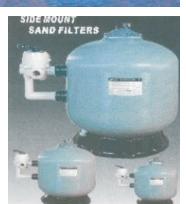


STEAM / SAUNA / JACUZZI



Capacity : 100 Ltr., 150 Ltr. 200 Ltr.

- Compressor: 1 Ton, 1.5 Ton & 2 Ton
- Voltage: 220 V/1 Phase
- Fully Installed Stainless Steel Water Tank
- Machine : Chilling plant of ordered Ltrs storage capacity Inner made of S. S 304-sheet & outer made S.S. with puff insulation. The condensing unit fitted with to maintain temp. +5 to 10 degrees C +/- 2 degrees C with a digital control
- Compressor : Sealed type Kirloskar Copland make having suitable capacity using R22 refrigerant gas with contactor relay & preventer all fitted in an electrical panel with on/off switch.
- Condenser : Air-cooled type made up of all fins and finned copper tubes with fan & motor any make.
- Cooling Coil : Copper water circulating pump Crompton Greaves make ½ HP & pressure switch.
- Controls: Digital temp, Controller / indicator
- Electrical instruments : Contractor : (L&T) make relay, capacitor wiring work in unit.

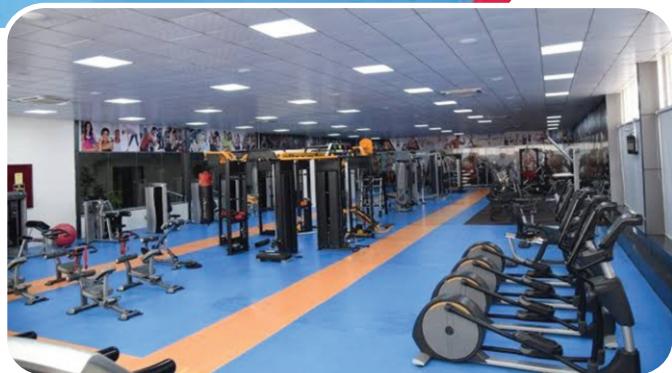


SF 7360 CROSS FIT



Weight of equipment : 1140Kg

- Weight stack : 184 Kg
- Size (inch): 191" x 193" x 106"
- Frame : The equipment use high quality steel tube, the mainframe is 120X50 flat elliptical tube, all the tube is 2.5mm thickness
- Steel wire : Imported oiled steel wire, can bear above 1500kg.
- Painting : Double layer painting for carouse high quality flash silver powder, Electrostatic powder coating.
- Guide rod : No. 45 steel, handled by high frequency, high hardness? High precision; can ensure the lubricity of the guide rod and ensure the user's safety.
- Bearing: Turning parts use DGBB.





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